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At the Menorah Lighting in December

Photos by Ed Hornichter



At the Christmas Tree Lighting last month

## CCA President's Report

By Beverly Eskra

Happy New Year! May this coming year be filled with health, peace and prosperity! With the holidays behind us, we look to 2023 with a new hope, faith and a better understanding of compassion and love for each other. The holidays cannot pass without mentioning several beautiful events that occurred. On December 3, I was privileged to have the

honor of lighting the second annual Christmas tree in our Ballroom. When I walked into our newly decorated room, I was delighted to see many of our residents in attendance to celebrate this glorious season. The Carolers sang with much enthusiasm, interacted with the audience and contributed to the lively spirit of the evening. Thank you to Tina Corio who decorated this beautiful tree and the

many volunteers who made this all come about. Your hard work and dedication are appreciated and we look forward to many more to come. On December 18, we also had the honor of lighting a candle to signify the start of Hannukah. It was such a beautiful ceremony and only strengthened our support for each other. Hannukah symbolizes the creation of light in

(Continued on page 2)

## General Manager's Report

By Donna Galindo, CMCA

On behalf of the entire staff, I would like to wish everyone a very happy and healthy New Year. I would also like to thank all of you who extended warm greetings and gifts throughout the holidays. Your thoughtfulness is very much appreciated by the staff. No matter how challenging the year may be, the staff always

goes the distance to achieve their best, and your recognition of that is truly appreciated. Everyone should have received their monthly maintenance coupon booklets for 2023. Please check your booklets carefully and if there are any errors, please report it to the office as soon as possible. It's not too late to sign up for direct debit. The

form is available in your mailing, on the Clearbrook website at [www.clearbrook-nj.com](http://www.clearbrook-nj.com) or at the administration office. Please complete and return the form directly to the administration office, accounting dept. If you are on bill pay through your bank you will need to update your maintenance fees for 2023 by contacting your institution. Bill pay is different than Direct Debit with the Administration Office. If you need to submit

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Receiving awards at the Holiday Billiard Dinner for Most Improved Male and Most Improved Female players in two categories were Pat Castrucci, Joseph Paul, and Louis Scafuri. See page 8.

## Lifestyle Happenings

By Krystal Graves, Lifestyle Director

Happy New Year, Clearbrook! We hope that your holidays were filled with merriment and joy. The one question we have to ask is — are you ready for the 2023 Lifestyle calendar of events?

We definitely are! January kicks off with a wonderful seminar on Healthy Bones and ends with our ever-popular Musical Bingo. Speaking of, Musical Bingo sold out in a record-breaking amount of time; less

(Continued on page 2)



Lilly Morgan takes advantage of the Clearbrook Wood Worker's Thursday Night Ladies Night. Lilly puts the finishing touches on her 100-year-old sled just in time for the winter's first snowfall. Watching her progress are President of the Clearbrook Wood Shop, Mike Espineira, and Supervisor Richard Lewin. Photo and caption by Jerry Sperling



The Section 12 Holiday Party was held last month with over 40 residents attending. See page 15. Photo by Beverly Eskra

## Voice of Clearbrook – Channel 26

By Renée M. Toplansky,  
VOC Producer/Announcer

### In Memoriam Margaret Roberts

With great sadness, we regret to report that our dear friend, Margaret Roberts, has passed away. She was a valued member of the VOC family and volunteered as both a Producer and Announcer for many years, doing shows that illustrated her love of jazz. We will broadcast a jazz show in her honor. A memorial service is being planned in the spring at Clearbrook. We send deep condolences to Margaret's family.

### Recent Shows

Recent shows on Murphy's Law Tuesday nights at 7:30 pm have featured Pippin, Holiday Inn (the musical), and Mischief Theatre: A Christmas Carol Goes Wrong.

Our live weekday morning shows this past month included classical, jazz, holiday seasonal, and country music, as well as comedy, 007 60th anniversary, Kenny Rodgers, Bonnie Raitt, Richard Jerry, and Tony Bennett. We also paired comedy and classical genres in Looney Tunes Goes Classical.

We also aired a Spotlight show focusing on a Clearbrook resident, Evie Sutkowski. Evie is a featured painter/artist, who has been in juried art shows. Hailing from Gloucester, MA, her oil, watercolor, and sometimes mixed media paintings often include rocks and trees, and she showcased a boat she made that contained family memorabilia. We welcome artists and hobbyists to contact us so we can interview/film them and their works in their homes for upcoming VOC shows. If interested, please call Stan Brim at 732 614-1277 to set up a short phone meeting.

We also aired shows about various health topics. Included in that lineup was a show on chemotherapy and recovery.

**Volunteer Spotlight**  
Matthew Troncone – Producer, Announcer, and Engi-

neer. As a metastatic melanoma stage IV cancer survivor, Matt is no stranger to adversity. And he believes in paying back. "This is the whole reason behind my show," referring to the service he now does regularly for the VOC. A prominent, recurring guest on his show is George Samaris, owner of Everything Natural Too on Applearth Road in Monroe Township. Matt first went to him to create a protocol for his son to play varsity football. After Matt got ill, he relied on George again. "I believe without him I wouldn't be here," Matt shares. On December 9, Matt had George and Dr. Patrick Brown, DC, on for a live show. George spoke about how to heal yourself from the inside out, focusing on supplements, collagen, and vitamins to help restore bone density, joints, and tendons, as well as the immune system. Dr. Patrick Brown, DC, a chiropractor, talked about the outside, or physical part of rehab and staying strong as we age. As a personal trainer, he explained how the elderly can do proper rehab exercises and get back into shape.

When he is not working for the VOC, Matt is an entrepreneur. His marketing firm, KMG Video Productions, LLC, does the marketing for his real estate clients. As a Real Estate Broker and Certified Probate Expert, he helps the personal representative from an estate sell their inherited home. Matt is also an author and has published two books on how to sell inherited homes. If you would like a copy of his latest book, just write to him at maxrealestateroi@gmail.com, and he will be happy to get you one. His diverse entrepreneurial history includes being a stockbroker, owning an ice cream store, and having a bread and snack route.

He and his wife enjoy spending time with their three children and seven grandchildren. He's been back in Monroe for about a year, attracted to Clearbrook for its golf and other amenities. Although Matt's three children went to Monroe schools, they are



now scattered, his son in Manalapan and his two daughters in Florida.

Matt learned about the VOC from the email survey we sent out as well as from stopping by the VOC table at the Club Fair. His advice to would-be volunteers: "Come and bring your ideas. You don't have to be in front of the camera. There is a lot of behind-the-scenes stuff that you can volunteer for, such as working the cameras at events or engineering. If they can teach me, they can teach anybody!"

His future desires for the VOC are to bring more of a TV flavor: adding more video to the programming, and more Monroe area community news. His latest idea for a show is on the origins of pickleball, bocce, and other activities here in Clearbrook. Glad to have your service-minded creative spark and your media background, Matt!

### Channel 26 Is Your Central Hub

Remember, Channel 26, the Voice of Clearbrook (VOC) cable TV station, is your central hub for Clearbrook news and relevant entertainment. Every weekday morning, we broadcast a live entertainment show from 9:30 – 11:30 am. We also have a live show on Tuesday nights from 7:30 – 9:30 pm, and once a month on Friday nights. On all other days/times, Channel 26 features scrolling announcements set to a variety of great music. **NOTE: We will be broadcasting taped shows in the near future. Stay tuned!**

### Three Ways to Watch Channel 26:

**On your TV:** If you have Comcast cable TV, just go to Channel 26.

**On your computer from the Clearbrook website:** if you don't have Comcast, or otherwise can't view Channel 26, go to clearbrook-nj.com, click **Resident Login**, and enter your ID and password. Then click **Play** on the video that displays to stream Channel 26 directly from the web. (If you don't have an ID or password, call the Clearbrook Administration office at 609 655-2706.)

**In the Clubhouse:** View the TV next to Activities. It plays Channel 26 exclusively and continuously.

**Want to know ahead of time which shows to watch?** Refer to the bi-weekly schedule posted on the Clubhouse Activities bulletin board, the Channel 26 TV bulletin board "scroll," the Clearbrook residents Facebook page, outside the TV studio room in the Clubhouse, or the clearbrook-nj.com website (under VOC -> Morning Broadcast Schedule).

### We need volunteers!

The Voice of Clearbrook meets every two weeks in the Clubhouse at 12 pm, in the multi-purpose room, to set the schedule of shows and show

## Manager's Report

(Continued from page 1)

a payment, please do so by mailing your check to: Clearbrook Community Association, PO Box 879, Newark, NJ 07101-0879. Make sure your account number is on the check. Do not drop or mail payments to the Clubhouse, 1 Clearbrook Drive address.

The contracted landscape company is currently off site unless there is a snow event. The balance of leaves and cleanups will be done when they return in the spring. As winter is here, please take the time to refresh yourself on snow clearing procedures. Unit owners are responsible for the clearance of snow or ice below a height of 2 inches. The community begins its snow clearance operation when the accumulation of snow or ice exceeds a height of 2 inches. The snow clearance procedures for the upcoming winter season are published in their entirety in this issue.

Just a reminder that Clearbrook does not clear snow when accumulation is less than two inches. We recom-

mend that you use the supply of salt/sand mixture in the bins at the Cultural Center and Clubhouse parking lots to salt and sand your drive-ways and walks prior to any storm. If accumulation is more than two inches, Clearbrook will start plowing once the snow has stopped. Do not report drive-ways or walkways missed until your section is completed. You will receive an email periodically regarding the plowing and its completion. All reports of missed driveways and walkways should be reported to the office at 609-655-5760 or snow@clearbrook-nj.com.

Reminders during snow clearing: If a car is left in the driveway, the plows will not clear the driveway. Damage caused by snow plows must be reported to the office. Mailboxes and any other repairs needing immediate attention will be done as soon as possible. Turf repairs will be taken care of in the spring when the possibility of snow is no longer a factor. The snow procedures are also published in this month's courier.

Again, we wish everyone a very happy and healthy New Year!

## CCA Report

(Continued from page 1)

the darkest times and the resilience of the Jewish people. It is the miracle of the oil that lasted for eight days and what is celebrated on this special occasion. It was my honor to attend this beautiful event where so many were gathered to share in the joy of the season.

As of this writing the anticipated Clubhouse and Cultural Center roofs are being installed with an expected completion in January 2023. Hopefully, with this endeavor it will enhance our chances of increased energy efficiency, avoid any future water damage, and improve the overall structure of our buildings.

As was mentioned in our open board meeting in November your CCA Board has voted to dismantle the white chain link fencing surrounding the golf course. Some of our residents have disagreed with our decision while others have wholeheartedly accepted it. The decision is based on the continued affordability and effectiveness of this fencing. After investigation, the cost was becoming increasingly expensive to maintain while not providing the barrier for which it was originally intended. Golfers often misjudged retrieving their golf balls and drove into the fencing causing repairs that were costly not only in man hours

but in material needed. Our decision to take it down is based on our fiduciary responsibility to this community and to the residents to provide a serene, park-like community unobstructed by a fence that can only "drive a wedge" into the very fabric of our community and the golf course.

Our Rules and Regulations Committee has been selected and we look forward to working together on bringing them up to date while strictly adhering to our policy standards. The combination of our residents and board makes up this community and we encourage the communication to bring about needed change. Listening to our residents gives us insight into the concerns of the community and acknowledges that you are valued above all!

As we embark into 2023, let us all reflect on what we have accomplished so far! We have continually managed to stand strong against a deadly virus, a looming recession, rising inflation, a raging war in Ukraine, along with our everyday concerns. It is the human spirit that includes our intellect, emotions, fears and passions that help us gain strength from each other and to stand tall and united in adversity. We have accomplished all of this together and will continue to remain Clearbrook Strong! May you have Peace and Good Will towards each other! Happy New Year!

## Lifestyle

(Continued from page 1)

than 30 minutes! We know just how much you love Tara Feeley's fun-filled night of musical bingo, so please know she will be back with another rendition on April 13. Tickets will go on sale in late March.

Looking ahead, please keep February on your radar because not only do we have

The Gardens at Monroe back with blanket-making class but we also have a beginner's self-defense class and our annual Club Fair.

Please come out to the Cultural Center on February 23 from 4-8 p.m. to get to know and get involved with all of the amazing clubs, groups and organizations that Clearbrook has to offer.



### The Clearbrook Courier

Editorial Office and Advertising Office  
(732) 761-8534 or 8535

E-mail: pescmd@aol.com

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WW II Veteran Hal Wexler, who served in the Navy and on Iwo Jima, for three years, was recently honored by Monroe Township Mayor Steve Dalina, left, and Senator Linda Greenstein.

Photo and caption by Ed Hornichter



Every Tuesday and Thursday at 10 a.m. in the Cultural Center, the "Table Tennis Ladies" enjoy an hour of fun, fun, fun! If you are an energetic, fun loving lady, come on down and join the group. There are paddles and balls for all. See you there!

Photo and caption by Jerry Sperling



Everybody's "Go To Gal" in the Computer Room, Judy Meller holds the Wood Shop's gift to her for her help over the years. Judy will now have a place to keep her miscellaneous papers and assorted pens and pencils. The wooden paper and pencil holder was made in the Wood Shop as a holiday gift. Use it in good health, Judy!

Photo and caption by Jerry Sperling

## Did You Know?



- Healthy Bones seminar – January 10
- Movie, The Catcher was a Spy – January 17 and 21
- Broadway Trip to see A Beautiful Noise – January 25
- Musical Bingo is SOLD OUT – January 26
- If interested in Cornhole, call Larry Pepin – 732-677-9316
- Upcoming- Club Fair, February 23



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## Letter

I would like to thank all my friends and neighbors for all the cards, donations and food in memory of my wonderful husband Mel.

Doris Bacall

## VOC

(Continued from page 2)  
titles for the following two weeks, as well as who will announce, engineer, or produce each show. Our next VOC meetings are December 20 and January 3. All are welcome. You can also call Ralph Carito at 609-860-5631 or Maureen Tereshko at 908-202-6537 for more information, and/or visit us in the studio any weekday morning from 9:30 – 11:30 am. If you decide to volunteer, we will teach you what you need to know.

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## Nurse's Notes:

By Marge Drozd MSN, RN, ACNS-BC, FNP-BC, CSN-NJ  
 Director, Community Health Services, Saint Peter's University Hospital

### Avoiding the "Tripledemic" this Winter

What is a "tripledeemic?" Although you may be hearing this word frequently in the news, there's no scientific definition for this term; it simply refers to a community spread of RSV (respiratory syncytial virus-common respiratory virus), influenza, and COVID-19 to the extent that it might overwhelm hospital emergency departments and cause an increase in hospitalizations. After all the gatherings of the holiday season, you need to know how to protect yourself, your family and your friends as the year continues.

A big part of the flu increase in the community is

the lack of immunity in individuals from not being exposed to the virus for the last two-and-a-half years due to masking and social distancing. Because masking and social distancing are not being consistently practiced in the community at this time, the risk of spread is increased.

RSV is a respiratory virus that can be contracted by both adults and children. Typically, if you get RSV, you'll recover within a week or two. The good news is that this is not a new virus and healthcare providers know how to treat this. Currently there is no vaccine for RSV, but there are several in development.

However, there are vaccines to prevent or lessen the symptoms experienced from the flu and COVID-19.

First and foremost, now is the time to get your flu shot and make sure you are up to date on your COVID-19 vaccination, including the new bivalent booster. The bivalent booster helps to reduce your risk of contracting the Omicron variant of COVID-19 and its subvariants.

The flu vaccine may not completely prevent you from getting the flu, but it has a good chance of keeping you from getting seriously ill and being hospitalized and dying.

Aside from these vaccines, how else can you protect yourself? Flu, COVID-19, and RSV are all respiratory viruses, but there are differences in how they spread. By taking proper precautions, you can protect yourself and others.

RSV spreads through contaminated surfaces. Hand-washing and cleaning surfaces are more critical with RSV.

COVID-19 doesn't spread through surfaces; instead it is spread from respiratory droplets expelled through sneezing and coughing.

Flu can spread from respiratory droplets, aerosols, and through contaminated surfaces. It's important, therefore, to practice "respiratory etiquette" by coughing into a tissue and disposing of it immediately in the garbage.


The best prevention for all three illnesses is to avoid others who are sick. If you are sick, please stay away from others until you are improving and symptom-free. If you have any symptoms, you really should not gather with others. If you must attend a function, please wear a mask and segregate yourself from others, especially during activities such as eating when you can't be masked. Also, if you are traveling, please wear a mask to protect those around you.


Take extra precautions by not going to places or gatherings with lots of people present where the risk of infection would be increased. You can also take a rapid COVID test right before you go to a gathering. They are available free from the government right now at covidtest.gov. Rapid tests are another layer of security against getting anyone else infected.

For the most updated information visit the Centers for Disease Control and Prevention website at cdc.gov.

We continue to administer the Moderna COVID-19 bivalent vaccines monthly in your community. To schedule an appointment for a COVID-19 vaccine online, visit <https://www.saintpetershcs.com/covid-clinic> and make your appointment through Zocdoc. You can also schedule an appointment by calling our COVID-19 Hotline at 732.339.7909 from Monday to Friday between 8 am and 4:30 pm.

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# Clubs and Groups

## Pinochle Club

By Pam Laminsky

The Pinochle Club is up and running. We play Wednesday nights in the ceramics room at 7 p.m. If you played “years ago” and need a refresher or have never played but want to, please come join us. We’re willing to teach anyone who would like to join our friendly group. Hope to see you in the ceramics room Wednesday night at 7 p.m.

## The Boomers Club

By Frank Casey and Steve Rudin

Happy New Year Clearbrook!!!!

We hope that everyone had a joyous and safe Christmas and Hanukkah celebration with your families and friends. May all of you be blessed with the good fortune of love and renewed friendships in 2023.

The Boomer’s Club has a membership meeting on Friday January 13 at 7 pm in the Clubhouse Ballroom. Doors will open at 6:30 pm. This is a closed (members only) meeting as we’ll be holding our Board of Director Election at the conclusion of the general meeting. Additionally, we’ll be collecting 2023 dues, and accepting new members’ applications. Coffee, tea and dessert will be served. You may also BYOB (no hard liquor) if you’d like.

Please hold the date for our Super Bowl party scheduled for Sunday, Feb. 12 at 5 pm in the Ballroom. We’re not yet sure who’s going to be in the Super Bowl, but it will certainly be a rocking fun time. More will be mentioned about this event on channel 26, in the Clearbrook Courier, via email to our members, and via our website at [www.boomersofclearbrook.com](http://www.boomersofclearbrook.com) for our community residents. If you happen to be on the CCA resident website, there’s a link to our website in the club Section.

The Boomer’s Club is a non-profit organization, created for the sole purpose of promoting social interaction among the residents of the Clearbrook Association. If you’re interested in making new friends and forging lasting relationships then this is a club you’ll want to join.

For additional information about joining the Boomers Club, please feel free to email our President, Frank Casey, at [fcasey69@hotmail.com](mailto:fcasey69@hotmail.com) or Vice President Steve Rudin at [srud58@outlook.com](mailto:srud58@outlook.com)

## Clearbrook Computer Group

By Hal Wexler

Microsoft PowerToys is a set of utilities developed by Microsoft for use on the Windows operating system. These programs add or change features to improve productivity or add customization. Microsoft first came out with PowerToys for Windows 95. After Windows XP, Microsoft stopped developing PowerToys. In 2019, Microsoft relaunched the concept of PowerToys. At present there are 17 PowerToys to the set. The PowerToys are available for the latest version of Windows 10 and Windows 11. They are loaded as one set; they cannot be installed individually. Once installed, a PowerToy system tray icon will be added. Right

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## Avoiding the “Tripledemic” this Winter

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### Welcome to the New Nurse Manager

Please give a warm welcome to Elizabeth Caruso, MSN, RN, COHN-S. Liz is the new nurse manager for Community Health Services at Saint Peter’s University Hospital, encompassing the Monroe Community Nursing Health Centers.

Liz has been a nurse for almost 20 years. She is a master’s prepared nurse with a focus in nursing education. She is also certified in Occupational Health Nursing with her COHN-S. She has a varied background of nursing experience in critical care, population health and occupational health.

Liz can be contacted by phone at 609.655.2220 or by email at [ecaruso@saintpetersuh.com](mailto:ecaruso@saintpetersuh.com)

Happy and healthy New Year to all!



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## Clearbrook Computer Group

(Continued from page 5)

clicking on this icon and selecting settings will open the PowerToys menu. Here you can enable or disable any to be loaded and configure them for operation. PowerToys can be downloaded from the Microsoft store or from the Microsoft supported GitHub site.

Several of the PowerToys don't have wide application, but there are a few that are quite helpful. The "Always on Top" PowerToy is a utility that allows you to pin windows to the top of all your open windows. Working with multiple windows can get frustrating. You want one window to be visible, but when you switch to a different window, it covers up the original window. "Always on Top" solves your problem. "Text Extractor" allows you to copy text from anywhere on your screen, including inside

images or videos. It takes a screen shot then processes the image through optical character recognition (OCR) software and puts the text into the clipboard from where it can be retrieved. Another useful PowerToy is "Power Rename" a bulk renaming tool. It allows modification of the names of many files at the same time. In File Explorer, select a folder or individual files then right click and choose "Power Rename" from the context menu. In the left pane of the window that appears select the search criteria and replacement criteria. The "File Locksmith" PowerToy is software for determining which files are being locked by which process. If you ever tried deleting a file and received an error message, "File Locksmith" could tell what process is to blame. If you selected a folder, all its subfiles and subfolders will be scanned as well.

Microsoft PowerToys is a set of utilities that adds features to the Windows operating system. Those mentioned above are only a small number. They can improve the Windows experience and are worth a try.

## Italian American Club

By Medele De Filippo

Ciao amici. Spero che state bene. Hi everyone! I hope this finds you well. Happy New Year! Buon Anno a tutti!

Our November 22 meeting began by President Lou DiMeglio asking us to stand and pledge to our flag. He then called upon Secretary Medele De Filippo to read the minutes of our October meeting, and followed by asking Treasurer Betty Colgate to advise us of the club's expenditures and the current balance in our account. A/C Trip Coordinator JoAnn Rago informed us that she already had several people sign up for the upcoming December casino bus trip. She reminded us that if the required minimum of 33 people was not reached, the trip would have to be canceled. Lou announced the names of those celebrating birthdays and anniversaries in the month of November. Congrats to all who celebrated. Lou then announced the names of new and returning members welcoming them all.

With no further business to be addressed, we welcomed back one of our favorite entertainers, comedian Chris Monty. Chris hails from Queens and has played all the top casinos in Las Vegas, AC and Reno. He was raised in a traditional Italian family where grandma's cooking was always the best. He told us that she is now 104 years old and her best friends are 95 and 98 and they play cards every Tuesday at 11 am accompanied by a bottle of wine. Chris just turned 50 years of age, and he said that he can tell that

he's getting older because when he goes to the movies he brings a sweater. He now has two little daughters and had us laughing when he described his fatherly experiences. He is so personable and friendly, and is always a big hit as evidenced by the loud laughter throughout his act. We welcome Chris back to our club any time and look forward to seeing him again real soon.

**Trips:** Monday, January 9, 2023, to the Resorts Casino in Atlantic City. Please call A/C Trip Coordinator, JoAnne Rago (609-655-4482) if you wish to join us for the day. You are always welcome and so are your friends. And you might have "Slots of Fun."

**Interested in Joining?** We always welcome new members, and if you are interested in joining, please call Vice President Marie Schiumo (609-409-9931). Everyone in Clearbrook is invited to join.

**Happy Birthday wishes in January (birthstone: Garnet ) (flower: Carnation) to:** Rose Begodt, Vivian Carito, Andrew Czerwinski, Diane Davis, Michael Farragher, John Fenimore, JoAnn Gibaldi, Wendy Grossel, Melody Henry, Filomena Jenkins, Maryann Merendino, Carole Mirable, Maryann Moytzoyrellhs, Mariann Muhlenforth, Grace Papas, Ann Sabatino, Darlene Smith, Nelly Sorensen, Stacey Strout, Rose Villareale.

**Happy Anniversary** wishes in January to: Sara and Ed Hornichter.

Congratulations to all who are celebrating. Enjoy your special day.

**Reminder:** Our club does not hold meetings during the months of January and February. We will resume in March and the meeting date will be published in a future issue of *The Courier*, so please check this column for that information. Thank you.

Before signing off, let me leave you with this random thought: "Wouldn't it be great if we could put ourselves in the dryer for 10 minutes and come out wrinkle-free and ythree sizes smaller?"

On January 16 we honor Martin Luther King, Jr. as we celebrate his day.

Arrivederci, buona salute a tutti. So long and good health to everyone.

## New Horizons

By Janet Adkins

*New Horizons wishes everyone health, peace, love and happiness in 2023.*

New Horizons was created for the purpose of providing:

1. Members with cultural, educational and social activities,
2. To provide fundraising opportunities to support charities and organizational activities,
3. To share good times with old and new friends.

This past fall, we organized a walkathon in memory of Sid Hollender, who lived in Clearbrook, and was a

(Continued on page 7)

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Lisa, physical trainer extraordinaire, ran a wonderful Fun Friday Workout event for New Horizons. Ice Cream sundaes were enjoyed by all after the workout. Our thanks to Lisa.

### New Horizons

(Continued from page 6)

strong supporter of the Food Pantry. Despite the rainy day, we raised almost \$800. Jamesburg Elementary School has received \$350 from New Horizons for children who didn't have the money to purchase books at the Book Fair. They also received dozens and dozens of NEW hats, scarves and gloves. \$350 was donated toward gifts for the holidays which included toys and food gift cards. Thanks to all our members who support what we are doing!

Thanks to Laurie Schwartzer for showing us easy techniques to paint acrylic landscapes.

We are starting off the new year with lots of events. Check the list below for our January schedule.

**Wednesday, 01/04 1 pm.** Book Club call Lois Goodrich 609-409-8465 for location (Book Club, 1<sup>st</sup> Wednesday of the month)

**Tuesday, 01/10 at 10:30 am at Isabell Tucker's house.** Presented by Mildred Schneider, 609-655-0946. A short story is read aloud with each person taking a turn and then the story is discussed. Books are chosen well in advance and you can place a reserve on them in the library. The group meets the 2<sup>nd</sup> Tuesday of the month.

**Thursday, 01/05, 01/12, 01/19, 01/26 at 1 pm Dominoes** Ellen Tischio, 908-251-2270.

**Tuesday, 01/10 Lunch Bunch 1 pm** We will meet at Texas Road House in Hamilton. If interested, RSVP to Sandra O'Connor, 732-986-4515.

**Thursday, 01/12 11 am** Board Meeting in the Clubhouse.

**Wednesday, 01/18 1 pm Pendent Making** RSVP to Hedy Swartz, 609-409-1632.

**Thursday, 01/19 at 11 am Installation of Officers** in the Clubhouse Ballroom followed by the movie **Green Book**, at 1 pm. It is a movie of social significance. If you have questions on the movie, please call Ida Conde 201-786-3785.

**Tuesday, 01/31 at 1 pm Guilty or Not,** RSVP Sandra O'Connor, 732-986-4515.

**January TBD Six- Handed Canasta – Final Lessons –**

Card Players will be notified Leaders Barbara Wellen, 609-235-9004, Ilene Einzig 609-655-0032 Phyllis Epstein, 609-860-5250 or Beverly Keaton, 609-395-0657.

**TBA, Knitting Group** will be making lap blankets for The Gardens at Monroe – Healthcare and Rehabilitation, Contact Lilly Mogilefsky, 609-619-3088.

**Happy New Year!**

### Fiber Arts Club

By Chris Brenner

We had a wonderful Holiday Party on December 6 with an abundance of great foods brought by our talented members!!



The Fiber Arts Fantasy Holiday Tree with this year's added handmade ornaments.

They are not only talented in their needlework, but also in the food department! Games and singing carols – a good time was had by all! Our Fantasy Holiday Tree with handmade ornaments will be on display for a few more weeks in the Ceramics Room as of this writing.

Well, it's a new year with new projects for many members. Winter is a good time to create those wooly and warm blankets and throws as well as other warm accessories. If you would like to join our friendly group just show up on a Monday, 1 to 3 in the Ceramics Room. For more info, call Chris' answering machine, 609-395-6825, and leave a message. I will call you back ASAP!

We wish everyone a very Happy New Year!

### Republican Club at Clearbrook

By Melody Henry

Hope everyone's Holiday season and New Year were happy and healthy and everyone forgot about politics for a few hours and enjoyed sharing time with their families and friends.

By the time you are reading this, the mid-term elections are over and unfortunately the Red Tsunami did not prevail. However, there is still good news. The Republicans have taken the majority of the House and now have oversight committee powers. The Republicans will emphasize a return to strong border control, opening the pipelines and becoming energy independent, funding our police, ensuring the public safety, taking back our schools and children, and decreasing the runaway inflation. In short, even a minired wave will ensure that true democracy prevails.

The Monroe Township Republican Club (MTRC) held its annual holiday fundraiser on Friday, December 2 from 7-10 pm at the Knights of Columbus. A great time was had by all. The function was catered by Antonio's and there was a DJ, raffles and door prizes. A \$300 Money Tree raffle was donated by Ward 3 Councilman, Charles DiPierro and a \$150 Lottery Board was also raffled to some lucky Monroe Republican residents. There were 30 beautiful raffle baskets that were donated and everyone was a winner. Many thanks to all our volunteers who worked so hard to make this event an extraordinary evening.

Monroe Township Republican Club (MTRC) meetings take place on the third Thursday of every month in the Monroe Public library at 7 pm. Below is a special message from the president of the MTRC, Tim Eosso:

"The MTRC is open to ALL residents of Monroe Township who share the same

(Continued on page 8)

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## Cornhole Comes to Clearbrook 2023

By Lee Wargo

We are happy to announce that cornhole is going to be available in the Cultural Center. It is starting January 4, and will be available on Wednesdays at 5 to 6:30 p.m.

All residents of Clearbrook are invited to come and play. No experience is necessary. It is open to all.

Cornhole is a very easy game to play. There are four players for each game, with two players on each side.

The object of the game is to throw a small bean bag on to the cornhole board. Each time you throw a bag onto the board that is good for one point. If you throw it through the hole in the middle of the board, you get three points. It takes 21 points to win. That's it... a very easy game.

Come and have a good time playing, meeting your Clearbrook neighbors, and having something to do during the cold winter. You don't have to sign up, just come, try it and see if you like it.

Any questions please contact Larry Pepin at 732-677-9316.



## Rack 'Em Up

By Pat Castrucci

Happy New Year to all our friends and neighbors at Clearbrook.

Thanks to our President, Paul Barbash and his never-ending efforts, seasoned members of The Billiards Club are enjoying the new face of the pool room. In addition to newly acquired equipment and freshly painted walls, the Club will soon see new flooring and window shades. As always, we are anticipating greeting new members

The new night for Billiards (formerly Tuesday) is now Mondays 6 pm to 10:30 pm.

The Holiday Billiard Dinner on Dec. 2 at Antonio's was a huge success; over 40 members joined the celebration and three award trophies were presented in the two

categories: Most Improved Male and Most Improved Female players. Congratulations Pat Castrucci, Joseph Paul, and Louis Scafuri.

The Billiard Club, through the years, has supporting the Monroe Township Food Panty and is generously donating \$630 which will be presented to the Monroe Township Food Pantry this December.

The next meeting of The Billiard Club will be held March 2, 2023. We are looking forward to seeing all there. All are welcome.

### Little Bit of Trivia Ever Wonder How Billiards Began?

Where did billiards originate?

It's hard to know who invented the game of pool, but we do know how and where billiards originated. It is thought

to have evolved from a lawn game similar to the croquet played during the 15th Century in Northern Europe and probably in France. Play was moved indoors to a wooden table with green cloth to simulate grass, and a simple border was placed around the edges.

It is also believed that the Spaniards introduced billiards to the Americans in 1565, although the game was not very popular initially. Between the years of 1878 and 1956, however, the game skyrocketed in popularity, with players becoming famous by competing in annual championships.



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## Republican Club

(Continued from page 7)

values as those of the Republican Party. Let's face it, we are a changing town, state and nation under current rule. The MTRC strives to maintain continuity in the beliefs of the Republican Party."

Issues discussed at our meetings are local Monroe politics ranging from wasteful spending to voting integrity at the polling booths. We strive to keep local politics honest by asking the tough questions and expecting answers by those who are currently in charge.

The MTRC has many great events and speakers. Bill Spadea inspired us all at an event at Ciro's Restaurant and gubernatorial candidate, Jack Ciattarelli, was our special guest at the Holiday Party, sharing advice and encouragement.

Annual dues beginning in January 2023 are only \$25 per person. To make it a Great 2023, join the Monroe Township Republican Club (MTRC). Visit their website to join - MTRCNJ.us.

The Republican Club at Clearbrook meets on the fourth Thursday of every month in the Ballroom at 7 pm. Like the MTRC, this club welcomes all residents who are able to discuss diverse topics respectfully. The Republican Club at Clearbrook focuses on national issues. It is a safe forum for residents to share their perspectives on issues ranging from CRT to the Russian/Ukrainian war and anything in between. Documentary films are shown to inform members on what you don't see in the news. There are no dues, just a willingness to share some camaraderie with friends and neighbors.

Let me finish with one of President Reagan's memorable quotes; "No government ever voluntarily reduces itself in size. Government programs, once launched, never

disappear. Actually, a government bureau is the nearest thing to eternal life we'll ever see on earth!" Great words to consider when you think about the 87,000 IRS agents the other party is advocating.

## Clearbrook Democratic Club

By Patricia Schwalje

Happy New Year! The Clearbrook Democratic Club is wishing all Clearbrook residents a very happy, healthy 2023.

This year Democrats have several candidates running for reelection, at our state and local levels. Democrats need to protect women's rights, social programs, Veterans benefits, and our environment. Some Congressional Senators have put forth policies calling for a yearly defunding of Social Security, Medicare, and Medicaid. All Americans with these benefits would be at the mercy of partisan politics on a yearly basis.

Last year, disruptions at local school board meetings were reported on many news stations. Few of us knew at that time that training on techniques for that disruption, were and still are, funded by partisan political action committees. They seek to distract from education, instead encouraging shout downs of speakers who are not part of their group ideology, including the elected board members. They are trained on how to video tape these tactics, and share to social media.

For people unwilling to acknowledge discriminatory policies, their latest bogeymen are woke and Critical Race Theory. Woke is a word, an adjective – defined by the Merriam-Webster dictionary and Oxford dictionary as being alert to injustice and racism. Critical Race Theory (CRT) has been an elective offering in Law Schools, and at the University level, since the early 1970's. It does not

teach discrimination as a "white construct" rather the course focuses on the decades of discriminatory policies at Federal, state and local levels. Most of these policies initially targeted indigenous peoples. After the end of slavery, African-Americans were targeted. Indian Removal Act of 1830 moved indigenous peoples off of their tribal lands, "Trail of Tears" being the most horrendous example. Federal Housing Authority (FHA), created in 1934, had regulations requiring builders to sell housing to whites only in order to receive federal loans for construction. The FHA (Fannie Mae), Mortgage Manual, created color-coded maps of neighborhoods. These maps were adopted by the banking system, green being the best, and red being "hazardous", for issuing mortgages. Maps of black neighborhoods had red lines drawn around them. Thus the term redlining described denials of mortgages in certain communities. America has seen significant increases in anti-Semitic attacks on temples, and Jewish businesses, LGBTQ and Trans-gender adults and children, racists attacks increased against African-Americans, Asian Americans, and Asian religious temples.

January 2023 will see Congressional political shifts, and the Democrat Club will continue to focus on policies that support democratic processes, and justice for all, at all levels of government. At the state level, we will work toward the reelection of our Democrat Assemblymen Daniel Benson and Wayne DeAngelo, state Senator Linda Greenstein, and the important Monroe Township reelection of Mayor Stephen Dalina, Councilwoman Miriam Cohen and Councilman Terence Van Dzura.

The next meeting of the Clearbrook Democrat Club will be on January 9 and February 13 at 7 pm.



## Christian Fellowship

By Brenda A. Carpio

Happy New Year, Clearbrook friends and neighbors. We hope you all enjoyed the holidays with family and friends. We in the Christian Fellowship celebrated together and enjoyed a wonderful Christmas Party in the Clubhouse. The Christmas and Hanukkah decorations throughout our community and in the Clubhouse were especially lovely this year and appreciated by all.

As we begin the new year may we simply share a bit of encouragement from Scripture.

**Hebrews 11:1** Faith is the substance of things hoped for, the evidence of things not seen.

**Matthew 6:** (Read this full chapter.) These are just a few of the words of encour-

agement and call to faith that is part of this beautiful chapter of God's Word.

And Jesus said: Do not worry about your life, what you will eat or drink, or about your body what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life? ... Seek first His kingdom and His righteousness and all these things will be given to you as well. Therefore, do not worry about tomorrow for tomorrow will worry about itself. Each day has enough trouble of its own.

Let us remember the beautiful songs that we sang all through the month of December:

*Field and forest, vale, and mountain, flow'ry meadow flashing sea, Singing bird and flowing fountain*

*Call us to rejoice in Thee.*

We look forward to seeing you on January 20 at 1 p.m. Bring your own sandwich. Beverages and light dessert will be provided. Our own Henry Cattle will lead us in devotions and testimony. All Clearbrook residents are welcome. Please call 609-235-9950 and let us know you are coming. If no answer, please leave a message.

*Warmest Wishes for a Happy, Healthy and Blessed 2023.*

## Jewish Congregation Highlights

By Michael Katz

As the year 2022 ends and 2023 arrives, the Jewish Congregation of Clearbrook has much to be thankful for. Our membership is up and participation in services is

tremendous due to our new Cantor to lead our services, holiday and Friday night services.

On Sunday, December 18 we had our annual Menorah lighting event which was a

great success thanks to all our candle lighters and celebrants.

Unfortunately we lost several of our members and our heartfelt condolences to all family and friends. They shall always be remembered. To those who are ill we wish you a "Refuah Shlema" a swift and complete healing.

There is much more to write; however, at this time of year nothing can say more than have a Happy and Healthy New Year. May everything you wish for come true and may our Congregation continue to flourish and grow. Happy New Year!

## So, How Are Those New Year's Resolutions Coming?

By Renee M. L. Toplansky

New Years' resolutions? What New Years' resolutions? (This was the year you were really going to do "X" right?) Don't get me wrong, New Years' resolutions have their place. They help you take stock of your current situation, determine where you want to go, and think about what you need to do to get there.

However, a 2016 study found that of the 41% of Americans who make New Year's resolutions, by the end of the year, only 9% feel they were successful in keeping them. In fact, the number of people actually making New Years' resolutions is dropping. And of those who do, success drops in each successive month, which seems to indicate these promises just don't work. Here's more information about success rates and popular types of goals: (<https://discoverhappyhabits.com/new-years-resolution-statistics/>)

Why do so many people fall off the wagon?

Fact is, most New Years' resolutions are just wishes or intentions, and part of the energy and enthusiasm of the moment, not actual commitments. And most of us change only when we have to, not when we want to. Better yet, why not make a resolution to not make any more resolutions, (which are just invitations to feel bad when you forget about them), but rather, to get serious.

You're serious? OK, then let's get down to business. A

New Year's resolution is another word for a goal. Here are some important questions to consider when deciding what New Year's resolutions (goals) to make:

- What are my priorities? Is this the most important thing for me to achieve this year?
- What strengths, talents, skills, and experiences can I personally leverage?
- What resources will I need from others to achieve this goal?
- How long will it really take me?
- What are the significant steps/milestones along the way?
- What are the risks and opportunities of making and achieving this goal?
- Why hasn't this already happened? What is in the way?
- What will be the impact of achieving this? How will my life and others' lives be different?
- Am I ready to have this happen? (Be careful what you wish for; you may get it!)
- What do I need to start, stop, or keep doing (thinking, feeling, achieving) to make this happen? What will I need to give up?

You've done some soul searching and are ready to proceed. Good for you! Want to know how to actually achieve that goal and avoid making the common mistakes people make? Some of you may recognize this SMART acronym from business.

(Continued on page 10)

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Mimi and Norman Horowitz



By Barbara McDonald

My parents, Mimi and Norman Horowitz, are now married for 75 years. When I tell people how long they are married, I always get the same reaction, "Wow!" I couldn't put it better myself.

My Dad is one of the funniest people I know. My Mom is the perfect Ed McMahon to his Johnny Carson.

Someone once asked my Dad to what he attributed the longevity of their relationship. He replied "We go out twice a week. (Pause) She goes out Mondays and Wednesdays. I go out Tuesdays and Thursdays. He might also say, "We are trying out the

relationship." After 73 years (my age) I know all of his 'lines' but my Mom, his greatest audience, laughs as though they are being said for the first time. Perhaps that is the secret to 75 years. Who knows?

They got married when they were babies, 18 and 21. They had their first daughter (me) before my Mom turned 20. Since I turned out so well, they had one more two years later. To this day their family is the most important thing in their lives, my sister, my two daughters/granddaughters, all of our significant partners and me.

I have a million stories I could share, but I will leave that to them if you are ever lucky enough to run into them. Believe me, if you do, you will hear them all...and

probably be invited to their home as well. Whenever they travelled (which they did often throughout their lives) they would return home with new friends from all over the country. The new friends would travel to New Jersey and be put up by my Mom and Dad. They would travel to the homes of their new friends (South Carolina, Montana, etc) and continued the new friendships...to this day. I have friends on Facebook, whom I have never met. They met my parents on trips and friended me so they could keep up with the comings and goings of Mimi and Norman through my pictures.

We recently came back from a cruise to the Bahamas to celebrate their 75th wedding anniversary. Although I was inspired to name it *The Murphy's Law Cruise* (don't ask) I am grateful for the time we all got to spend together. I am also grateful for having them in my life. When I was a teenager my friends would say, "Do you know how lucky you are to have the parents you have?" I knew it back then. I know it even more today.

Happy anniversary to the very best parents in the world from the luckiest daughter.

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**Wouldn't you rather see them coming?**

**Always walk facing traffic!**

**Resolutions**

*(Continued from page 9)*

Make your goal...

**Specific.** The more specific your goal, the easier it will be to achieve it. There's a big difference between "Take My Business to the Next Level," versus "Increase my Revenue for my New Product Line by 20% in Six Months."

**Measurable.** Otherwise, how will you know how to assess progress or know when you've achieved it? The measure is built into the goal above. You can easily determine whether your revenue did increase by 20% at the end of six months.

**Achievable.** Is it within reasonable reach, given your current situation? For example, "Lose 20 Pounds in Three Months," not "Lose 20 pounds in One Day."

**Relevant.** Does this goal fit your mission and purpose in life? Is it something you can actually do something about? For example, "Finance a philanthropic foundation with 10% of my New Product Line Revenues, Speaking Engagements, and Passive Web Income," not "Become Queen of the Universe of all Products Everywhere."

**Timebound.** Don't leave it open-ended. Otherwise, you're letting yourself off the hook. For example, "Feeling great and looking good by Memorial Day, in time for beach weather!"

Here's another tip for actually achieving the goal you set: Get an accountability partner. This could be a relative, friend, business associ-

ate, or coach. According to research published by the American Psychological Association, "If you are trying to achieve a goal, the more often that you monitor your progress, the greater the likelihood that you will succeed...Your chances of success are even more likely if you report your progress publicly or physically record it." An accountability partner can serve the functions of mentor, manager, and sports coach, believing in you and helping you believe in yourself, ensuring you have a solid plan, and keeping you focused, on track, and in action. <https://www.apa.org/news/press/releases/2015/10/progress-goals>

Many will still find it hard to keep going after a certain amount of time. If you do fall off the wagon, it's important not to beat yourself up. Get a fresh perspective by changing environments. Look at what this slip tells you about what you need to do differently; learn from it. Focus on the process, not the outcome... and don't bite off more than you can chew. Take it one day and one small action at a time.

Finally, before you declare your New Year's resolution to the world, think twice. Ensure you're really committed. You don't want to be labeled the boy (or girl) who Cried Wolf. It could damage your integrity and reputation. For some, just making the resolution is the action. It's not. Show, don't tell.

But why wait for the New Year to set a goal? Set one at any time and set yourself up for success!

# January — Lifestyle Events and more ...

**Krystal Graves , Lifestyle Director • Susan Schovanec, Lifestyle Assistant**  
**Lifestyle Department Hours: 9-5pm — 609-655-5760**  
 All events are subject to change.



## Project Healthy Bones

**January 10th**  
**Clubhouse Ballroom**  
**2:00PM -3:00PM**

Registration is required  
 Participants must be 55+


- Do you want to improve strength, balance, and flexibility?
- Are you 55 years of age or older?
- Are you at risk of or living with osteoporosis?
- Do you want to learn more about your bone health?

Then this class is for you!




**Lori Morell**  
 Director of Adult Day at Monroe & Health Coach

More information:  
 lmorell@parkerlife.org  
 (848) 237-2386




## January Movie

Clubhouse Ballroom  
 January 17th—1P  
 January 21st—7P  
 \*no reservation required\*



This stranger-than-fiction espionage thriller brings to life the incredible true story of Moe Berg, the professional baseball player who became a World War II spy. A Jewish, Princeton-educated, multilingual catcher for the Boston Red Sox, the enigmatic Berg was enlisted by the US government to go behind enemy lines and assassinate the Nazi's chief nuclear scientist before the Germans could develop an atomic bomb.




## BLANKET MAKING CLASS

Thursday, February 2nd—2-5P  
 Lounge B

Cost: \$25 per person—paid on site  
 Sign up begins on January 11th at 10A  
 \*space is very limited\*




## February \$5 Dance



February is Heart Health Awareness Month. Wear your RED and come dance the night away with us at the Cultural Center!

Saturday, February 11th—7:30-10:30P  
 Doors open at 7P  
 ID's checked at the door

Tickets are non-refundable and non-transferrable




## SELF-DEFENSE

Monday, February 13th—7P  
 Clubhouse Ballroom

Join instructor Frank LaRosa of CMB Karate for an introductory Self Defense Class!

If you've ever been interested in learning the basics on how to defend yourself, please come and check it out.

Sign up begins January 25th  
 \*limited availability\*




## CLUB FAIR

Thursday, February 23rd  
 4-8P in the Cultural Center

Meet all the clubs & groups that Clearbrook has to offer. Meet your neighbors, get involved, learn a new skill, get creative, get active or find a fun activity to get enrolled in!

**GET INVOLVED**

# Happy New Year!



# January

2023

## Clearbrook Grocery Bus

The grocery bus runs on Thursdays. Pickups start at 9:30 am and go throughout the community. To reserve your seat, you must call the Activities Department. **NO LATER THAN 2pm the day prior** to the day you want to go.  
 609-655-5760

Please look for eblasts regarding activities the Activities Department is putting on. Also, Channel 26 and the Clearbrook Website continue to be a great resource for information to keep you up to date.

## Community Information

Health Care Center Open  
 24 Hours, 7 days a week

## Phone Numbers To Know

Administration	9 a.m. - 5 p.m.	655-2706
Lifestyle Dept.	9 a.m. - 5 p.m.	655-5760
Health Care Center	24 Hours	655-5888
Maintenance	8 a.m. - 4:30 p.m.	655-5890
Main Gate	24 Hours	655-5891

# Section News

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**NOTICE**

**Gasoline generators are not permitted in Clearbrook.**

**The ban of gasoline generators will be strictly enforced.**

**Propane generators are permitted as long as all approvals**

## Section 2

By *Barbara J. Turner*

**HAPPY NEW YEAR!!!**

The Board would like to extend its best wishes to our residents for what is hoped to be a happy and prosperous New Year.

If the attendance at our last open board meeting was an indication of what we can expect in 2023, we are truly excited at the prospect of great things to come. We sincerely hope that attendance will continue to increase in 2023. We are all part of this community whether you rent or own property.

Elections for new Board Members will take place in May. We have one incumbent member who will be seeking reelection, and two members whose seats will need to be filled. Please consider lending your time and your talent in filling these upcoming vacancies.

The weather for the first three months of the year is usually the most unpredictable. Please be reminded of the following:

- Keep flashlights or alternative emergency lighting available in the event of a power outage.
- Keep extra canned goods on hand.
- Keep an ample supply of all medications and bottled water.
- Make sure administration has all emergency numbers and that they are up to date.
- Make sure all vaccinations are current. (Covid is making a comeback and the flu is highly contagious during the winter months.)
- Make sure all spigots are leak free and covered to prevent freezing.
- Check your unit for any repairs that should be addressed that may be compromised by the colder weather.

The Lifestyle Department posts many different activities for all Clearbrook residents to enjoy throughout the year. In addition to the activities offered by Clearbrook, the Board has instituted a Sunshine Fund which was formed to support any activities Section 2 may wish to sponsor during the year. We encourage everyone to donate to the fund to help defray the cost of future Section activities. Please contact any Board member of Section 2 if you would like to donate. Board members are as follows: Kathy McLaughlin, Bobby Jones, Norman Kleboe, Frances Blum, Phyllis Schuster, Ruth Cereguas, Sandra Jackson, or Barbara Turner.

Our first event for 2023, a "Winterfest Snowflake Gathering", will be held on Sunday, January 22 from 4 to 7 pm at the Clubhouse. We are urging everyone to come out

and enjoy our first event of 2023. Flyers with further details will be forthcoming soon.

*We make a living by what we get. We make a life by what we give.* ~ Winston Churchill

## Section 3

**Chatham Gardens**

By *Patricia Feeney*

Happy New Year One and All! I hope everyone enjoyed their holidays by spending time and celebrating with family and friends. Now that the holiday season is over and we gratefully rang in another New Year leaving 2022 behind us, let 2023 continue to improve in every way. We can once again concentrate on eating healthy and bundling up for walking the two miles around Clearbrook Drive when we aren't in the Clubhouse gym. Way to go to those who do walk on a regular basis in all kinds of weather year round. By now, everyone should have prepared for winter with having flashlights, batteries, prescription medications, and bottled water on hand (just to name a few things) for when we could possibly get snowed in or have a dreadful power outage. Depending on what news/weather station you listen to, the winter predictions may vary at times so we always need to be prepared.

I believe we have a good Section and a strong Executive Board that does whatever they can to meet the needs of our residents. The Board did meet monthly along with Open General meetings with the last one being in October. Open meetings will not resume until March. Hopefully we will have a better attendance in this new year.

In closing, I would personally like to wish everyone a very happy, healthy and prosperous 2023!

## Section 4

By *Irene Belinsky*

The Board of Directors of Section 4 wishes all of you a very Happy, Healthy and Peaceful New Year. Thank you for all your support and we look forward to continuing to work with you in 2023.

Our next Open Board Meeting for Section 4 will be Thursday, January 26 at 7 pm in Lounge A.

Thanks to all of you who participated in our Holiday Party December 11. It was a great success and a good ending to a very productive year. All agreed the food was excellent and everyone got up to dance. A good time was had by all! We're already working towards our next event for early spring and will keep you posted.

Starting off the New Year is a good time to put into practice some very important

safety tips to help protect yourselves and your families. While the growth of technology improves our lives, it may also attract criminal elements – so please consider the following:

**Parking Your Car:** Be careful about leaving your cars in short-term or long-term parking lots which are often used when people are catching flights at the airport. Or any parking lots, for that matter. By being careful, we mean don't leave your registration or insurance cards in it. Also, do not leave your remote garage door opener. So, picture this: if you've left all this information in your car, along with the garage door opener – if your car is broken into, there is nothing preventing thieves from driving to your home (as the address is on the registration and insurance cards), using the garage door opener for easy access and robbing your home of any valuables. AND worst-case scenario, they could be in your home waiting for you. We understand that we've all been conditioned and taught to leave the registration and insurance cards in the glove compartment. However, it's time to rethink these traditions and perhaps always keeping your documentation in your wallet with you. And for family members who also drive the car, copies should be made.

**GPS:** Again, thieves can use the GPS you have mounted in your car to direct them to your home. And if you also have a remote garage door opener – that gives them easy access. Be careful of putting your home address in the GPS – perhaps use the address of a landmark close to your home that you would then use to be able to get home. Never label any routes as "home".

**CELL PHONES:** Likewise, as with the GPS – never label any phone numbers that would reflect a relationship with you such as Mom, Dad, Hubby, etc. Use first names (no last names) instead so if your phone is stolen, no one could use your phone numbers of close ones to coerce you into any action or activity that could be detrimental to you and your family. At one time there was quite a scam going on where scammers called grandparents saying a grandchild was in trouble, send money. That's what you need to be aware of. Also, if you're arranging a meeting by texting, or sharing any sensitive information, call that person to confirm they have received that information by phone rather than relying on your text. It would be more secure. We also suggest erasing that text shortly thereafter.

**PHONE CALLS:** There are so many scammers out

(Continued on page 13)

**Section 4**

*(Continued from page 12)*

there now it seems like everyone gets 2-3 a day if they're lucky. Some suggested rules are as follows:

- If you do not recognize the phone number or name on the call, it's often best to just not answer it. If it's something important, they will leave a message.
- Never give out any personal information to anyone on the phone, ever.
- If you do pick up and realize it's an unsolicited phone call trying to sell you something, just hang up. Don't worry, you're not being rude, just prudent. Also, you can tell if it's a scam sales call if when you pick up and say hello, there is a lag time of approximately 30 seconds before anyone responds. Car warranties is a popular one now.
- Please note that the following agencies will NEVER call you for any reason. If they need to reach you, they will send a letter in the mail. Or, if you've given permission for them to email you, they will send an email. These agencies are: Social Security, IRS, Local Police Department, or any Police Department, Medicare, Medicaid. Do not pick up or just hang up.

**Emails:** You can also be easily scammed via emails. Some recommendations about reading and responding to emails are:

- If you don't recognize who it's from, don't open it up
- If you don't recognize the sender, take a close look at the URL (address of who it's from) – even major companies like Amazon can appear as "amazon 223" which would alert you to the fact that it's not really from Amazon. Scammers distort and disguise the URLs from which they are sending. They add characters or numbers to part of a known name.
- Never click on any links from anyone you do not know.
- Especially, if you are on a PC – you are more exposed to viruses for your computer or cell phone if you open a link from an unknown source or from the Internet.

Although we all love our technology and the convenience it brings to our lives, we really must ensure we are able to control it and not be victimized by it. We hope you will think more seriously about these many tech tools that we use throughout our days more carefully.

Again, be safe in the New Year. We wish you all the best!

**Section 5**

*By Fran Hecht, President and Frosty*

Happy New Year! We are saying good-bye to 2022 and hello to 2023.

We have a correction to our maintenance I wrote about last month. Section 5

maintenance amount starting on January 1st. will be \$413, not \$410 as stated. This \$3 difference is due to a final CCA decision. Sorry for the news.

Winter is upon us and we need to have a careful watch for bad weather. In the Courier, snow removal and shoveling rules are listed. Please have patience. Don't call a board member. The office will tell you who to call after some time has passed.

In the spring, we are going to get some bids to check on our cul-de-sacs. We need to check what material is best and to control the big trucks from running over the small areas. The increase of maintenance is to help cover costs for future projects.

Section 5 has new neighbors moving in. Say hello and welcome them to join us at the open section meetings.

A reminder, garage and recycling cans are to be put curbside on Tuesday after 4 pm., not in the morning. The same cans need to be put back in the garage after pickup on Wednesday. These rules are CCA, not section 5.

We only allow one animal per unit, for instance, one dog. Dogs are to be walked on a 6-foot leash. They are allowed to walk 3 feet onto the grass from the curbing, not under someone's window. Please clean up after your dog.

The holidays are over and the decorations were beautiful. We have a rule that decorations must be removed by mid January.

Check to see if your live Christmas trees are being recycled.

A list of open section meetings for Section 5 will be mailed out along with a letter about your new maintenance fee. Our first meeting will be held on Tuesday, January 17 at 6:30 pm in Lounge B. Let's hope the weather cooperates. I have scheduled eight meetings for this year. Open meetings are for unit owners only, not renters. Come with any questions you may have.

The board wishes all who are celebrating a birthday or anniversary good health and happiness.

**Section 6**

**Hilltop Village**

*By Bernice Fitzgerald*

**Section 6 Co-President**

Hello Neighbors...

**Happy New Year!**

The Section 6 Board wishes you all a very happy, healthy and safe New Year!

Our siding project is underway and some of the units have been done. The Board is extremely excited to see this come to fruition! We are looking forward to continuing this work in 2023. Homes will be chosen by a lottery system so everyone has the same chance. Keep your fingers crossed your unit will be next!

In the spring, our repointing project will begin. We are hopeful that this project will

be completed within two years. This, coupled with the siding, will allow the Section to cross off the two major items needed to be done per our reserve study.

Another meeting between the Presidents Council and the CCA Board will be held. These meetings are a true asset to the community as it allows the Presidents of the Sections to speak to the CCA Board about issues or concerns within our community.

The Board has open positions for Directors. If you care about our Section, please consider getting involved. The Board would love the help! If you think you can spare some time to help our Section, please contact any Board member. Remember – we are all trying to protect our homes while keeping the values rising!

If you haven't already done so, please remember to cover your outside water bibcocks for the winter.

We would like to welcome all of our new residents to Section 6! Please follow any important updates on Channel 26 and we hope to see you when our open meetings resume in April!

The Section has established a Hot Line number for all residents to call. NO ONE SHOULD BE CALLING A BOARD MEMBERS CELL PHONE DIRECTLY. Please use the Hot Line number – 732-573-8473. Board members will no longer be answering their cell phones for residential calls.

Happy New Year!

**Section 8**

**Hampton Village**

*By Liz Strazza*

**Welcome to January**

**Getting Ready for Winter!**

Thank you all for coming out to our "Section 8 Holiday Party" at Scotto's Restaurant. Good food and good friends! Always good to see NEW friends and NEW neighbors interested in what's going on in our Section. In an effort to continue to bring our Section together in a "kinder, gentler and neighborly way" we will continue with our breakfast get-togethers. Stay tuned for updates!

**Maintenance requests:**

If you have maintenance requests, please fill out a Section 8 - Work Assignment Sheet. Unless it is an emergency, please do not call because we do not want verbal requests. We use the Work Assignment Sheet as an audit trail. These forms are now located in the file room of the Administration Building - on the right hand side in the center cubby. They can also be returned to the same location. The form is also available on the Clearbrook-NJ.com website. To access the Clearbrook-NJ.com website, you need to LOG-IN. (If you do not have a resident sign in, visit the website and follow the prompts.) Then go to CONTACTS. Once there, go to

*(Continued on page 14)*

*Poetry  
Corner*

**Winter**

*By Ellen Tischio*

**White Winter Wonderland**  
Landscapes

**Icicles** Decorating houses

**Napping** by a warming Fire-place

**Time to Gather** with Family and Friends

**Enjoyable Holidays** to Celebrate

**Riding** in a Sleigh or Sled-ding down a hill

**Let's Dance a Bolero**

*By Nelly Vega Sorensen*

*I want to dance with cheeks touching*

*Like we used to dance in those days*

*When dance floor lovers had their ways*

*Dancing slowly, gently clutching*

*And voyeurs enviously hushing*

*About my red dress and your sombrero*

*The beauty and the ranchero Showed the world how we didn't care*

*With style that had a certain flare*

*Dancing a sexy bolero*

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**Section 11**

*(Continued from page 14)*

assure that the necessary funds are available when needed. In 2022, we completed all of the scheduled projects funded by our Replacement Reserve Account, except as may be noted below:

**Roof Replacements** – In 2022, we completed the final year of our 7-year project to reroof all of the 99 units in Section 11. This included the last 4 buildings (10 units) of this project. The total cost of this project was \$1,064,841, putting the average cost per unit at \$10,756.

**Rain Gutter Replacements** – In 2022, we also completed replacement of rain gutter systems on the last 4 buildings (10 units) of this multi-year project. With these 4 buildings (10 units), all Section 11 units now have the new rain gutter systems. The total cost for this project was \$182,910, with the average cost of \$1,848 per unit.

**Soffit Remediation** – In 2021, we established a new maintenance reserve project to remediate problems found in the venting systems of Section 11 attics, based on a study by FWH Engineering. Through 2022, we have completed soffit remediation on 10 buildings (26 units). This project is scheduled to be completed in 2029.

**Maintenance Programs in 2022**

In addition to the Replacement Reserve projects listed above, the following maintenance programs are typically budgeted for on a yearly basis as needed.

**Dryer Vent Cleaning** – For 2022, we had scheduled 46 units for dryer vent cleaning, but only 34 were completed. We are scheduling 35 units for 2023. This includes the 12 that were missed in 2022.

**Landscaping** – In 2022, we removed 7 trees, replaced 2 trees, and trimmed and pruned approximately 40 trees. Total cost was \$16,152. In addition, our Landscape Aesthetics Committee identified 24 different units having overgrown shrubs, dead plants, or inappropriately located, young trees. Trimming and removal as needed was accomplished at a cost of \$1,790.

**Drainage Problems** – We resolved 2 drainage problems. Total cost was \$1,300. We will be addressing additional locations for drainage remediation in 2023.

**Power Washing** – We power washed 28 driveways, 12 sidewalks, 28 patios/atriums and some siding areas of 35 units. Total cost \$6,136.

Programs that will be addressed during 2023 include dryer vents that were missed from their 2022 three-year cycle, concrete work where warranted for safety and effective maintenance, and spot reseeding of lawns.

**Scenes from the Section 12 Party**



Residents are seen at the Section 12 holiday luncheon on December 10 at Romeos Restaurant. Photos by Beverly Eskra

**Section 12**

By Jerry Sperling

Hold the presses! Have I got a SCOOP for you. Section 12 Nottingham Villagers who didn't attend our Holiday Bash on December 10, you missed the "party of parties." Rosemarie Stuppiello and her two cohorts, Beverly Eskra and Maggie Dickow, put together an amazing, delicious luncheon complete with decorations, raffles, door prizes, games and beautiful gifts for all.

The 40 residents from section 12 who attended this event will not soon forget that joyful get together! Congratulations to all who worked to make our Holiday Party such a great event! What a wonderful time was had by all!

In case you forgot, an email was sent to all section 12 residents on November 22, 2022. You were all informed that if the hoses were not removed from outside faucets the owner will be responsible for any repairs associated with that faucet and piping leakage and or frozen pipes. Please be aware of this and take care of your property!

All our gutters have been cleaned by Econo Wash and soon our "Spring Walk About" will take place around April 2023. At that time we will determine if any work needs to be done in the spring/summer of 2023.

If you have any toilet issues that require a plumber, please understand it is the homeowner's responsibility to hire that plumber and make payment, not the section. The Section 12 Board recommends not putting any bulky items down the toilet. Also we strongly urge the use of Scott One-Ply Tissue, it is the only toilet tissue which has been found to be biodegradable and sewer safe.

If your toilet is not flushing properly or there is backup from the sewer and all at-

tached units are having the same problem, that may indicate a main sewer line obstruction. At that time you MUST contact the Section board maintenance director Rosemarie Stuppiello. The homeowner must contact the Board immediately and do not attempt to contract with a plumber on your own since you will then assume all responsibility. The board will make the appropriate determination and hire the plumbers to correct the situation.

Well winter's here and all residents of Section 12 must adhere to the snow guidelines administration posts in the Courier. Have a healthy, safe and Happy New Year!!

**Section 14**

Clearbrooksection14@gmail.com

By Grace Makuch Secretary

Happy New Year to you all. May this year bring you good health, happy memories, and time to take advantage of all Clearbrook has to offer.

Welcome new residents to Section 14. Watch for the meeting announcement in this paper in a few months.

Sad news, Margaret Roberts a long-time resident and board member passed away in December. Margaret was

very devoted to Clearbrook and the Section. She was the street contact for Ardmore and Croydon Rd. If you have questions or concerns, you can contact Lisa DiNiso, 718 552 5703, or email, clearbrookSection14@gmail.com (See more information about Margaret in a separate article below.)

2023 Monthly Maintenance Fee News: Clearbrook CCA will be increasing rates, depending on the Section. Section 14 will be increased by \$4.00 per month by the CCA. The Section 14's portion of the fee will not be increased this year. The Board of Directors felt that with inflation making everything so expensive, that we are going to keep our expenses down with no additional cost to our Section members. The new total Monthly Maintenance fee will be \$434.00.

Winter is not a good time to be stuck on the road or in your driveway with a dead battery. Next time you have your car serviced ask to have your battery checked out. You don't want to be in a shopping center and your car will not start. Also make sure

your jumper cables are in a handy place in the trunk. Don't think someone else will come to help and have them. Ladies, be careful with your purse when in any store and putting your items in the car. Seniors are a target for stolen purses and items.

New Clearbrook residents, if you are working, you may not want to go to work after a storm. It takes the plows sometime a day to clear the driveways and roads out to Applegarth Rd. You will get your sidewalks and driveway cleared. You will have to shovel your patio front and back.

**In Memoriam**

Margaret Roberts

We have lost Margaret Roberts of Hazen Rd., a long-time resident and Section 14 Board Member She passed away on December 9 after a short illness. Margaret was very devoted to her family, Clearbrook and the Section. She moved here in 2004, and a few years later joined the Section 14 Board of Directors. She was very instru-

*(Continued on page 16)*

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**Satellite Dish Installation**  
 If you plan to have a satellite dish installed, you must contact the administrative office, complete the required application, and get placement approval prior to installation.  
 Please call Donna Galindo in the administration office for more information.

**Stopping at a stop sign ...**

**is not a request ... It's a requirement!**

## Section 14

(Continued from page 15)

mental in seeing that the Section's needs were taken care of. She was also the Block Captain for Ardmore Rd and Croydon Rd for many years. Margaret was involved with the Voice of Clearbrook as an announcer, music presenter (she loved her jazz). She was a loving person who joined many clubs over the years and cared about Clearbrook and the residents who live here. Margaret was involved with Stage Productions over the years. She was on the Activities and Entertainment Committee and the Landscape Committee. Margaret volunteered at the CCA Election polls.

She will be truly missed by everyone who has ever had the pleasure of meeting her. Margaret was also a Mother to Tracy, a Grandmother to Taylor, and a Great grandmother to Leiani, as well sister to brothers Sterling and Larry. The family is planning to have a memorial in March 2023 at Clearbrook for everyone to say good-bye to our dear friend and neighbor.

The Section wants to say to Margaret... may you rest in peace and enjoy all the great jazz musicians that you are joining in heaven.

You are going to be missed.

Lee, John, Nicole, Grace, Pam, Vinny, Ilene, and Lisa

## Section 15

### Pickwick Village

By Sandra Stark

"Your life is made of two dates and a dash in the middle. Make the most of the dash."

Linda Ellis

### Residents/ Owners Meetings for 2023 SAVE THE DATES

- Thursday, February 9 at 7 pm in Multi-Purpose Room
- Thursday, May 11 at 7 pm in Lounge A for Annual Board of Directors Elections
- Thursday, August 10 at 6 pm in Lounges A&B
- Thursday, November 9 at 7 pm in Multi-Purpose Room

**Important articles in December's issue of The Clearbrook Courier** – If you do not have the paper, the last 12 monthly issues are available on line at [www.clearbrook-nj.com](http://www.clearbrook-nj.com)

- **Page 4 - "The Importance of a Unit Owners Policy"** In order to be sure that you have adequate coverage, please pass this information on to your insurance company/ agent.

- **Page 17 – "Snow Clearance Procedures"** Although this is a very lengthy policy outline, you should be familiar with ALL the issues. Of special interest: "Once Management and the VOC have reported the Section being complete, any missed driveways or walkways should be reported directly to the Administration office at 609-664-5517."

**CAPITAL IMPROVEMENTS:** As we head into 2023, the

Board will continue to make capital improvements based on our 2022 Capital Reserve Study. Two drainage areas have been remediated with French drains to alleviate dangerous winter icing in the parking areas of both 538 and 541 Berberis Plaza and 544 Ardmore Road. Please continue to be cautious in all parking areas, sidewalks and driveways this winter season. Be sure to bring a container with you if you are picking up salt from the bins located at the Cultural Center or Clubhouse.

### LANDSCAPING COMMITTEE:

In the early 1990's Section 15 inventoried 33 Bradford Pear trees – only four remain; and the Ardmore Road/Cornus Plaza pond had 16 trees around that side of the pond – only two remain! Every year we must replace a few trees in order to maintain our park-like surroundings. Trees also prevent erosion! The Committee will be meeting in April to determine where and what type of new trees are to be planted.

Please note the contact information for the Section President: Sandra Stark at 908-938-0798 or by email: [starkc21@aol.com](mailto:starkc21@aol.com)

**It's a new dawn! It's a new day! HAPPY NEW YEAR!**

## Section 16

### Queensway Village

By Maria Petro

As I write this article in mid December, it is hard to believe that 2022 is almost over. It was so good to get together with family and friends again, even though Covid is still with us. Be sure to keep up with boosters and good hygiene during these winter months and get your flu shot if you have not received it yet.

As we get into the cold winter days, remember to check on elderly neighbors to ensure they are doing well and are not in need of any aid. Pick up some ice melt from the huts at the Clubhouse and Cultural Center. Please make sure you bring your own container.

Maintenance reports that all dryer vents have been cleaned except for 4 residents who did not respond after 3 visits. We will put you on the list for spring cleaning. Gutters have been cleaned and we are up to date on repairing vents that have been damaged by squirrels and other small critters. If you have a maintenance issue, please fill out a form and place it in the Section 16 mailbox in the file room in the Clubhouse.

Landscaping will be looking forward to spring and continuing with the beautification project for trees and lawns.

A reminder that dogs must be walked on a 6-foot leash and no more than 3 feet from the curb. They are not allowed on lawns in front of units or behind them. Please also remember to pick up after your dogs. This is still an ongoing problem with

many residents.

By now all outdoor hoses must be disconnected from the spigots to prevent freezing. Close your air conditioning vents, as this will keep the cold air from your attic from seeping into your home. Another tip to keeping your heating bill under control is to lower the heat in any rooms that are not used everyday, and lower your heat in other rooms when you go to sleep.

The Social Committee reports that our Holiday Luncheon was a huge success. We had a great turnout and all who attended had a great time. Everyone was thrilled with the small gifts they received. We are planning a Valentine's Day themed pot luck dinner on February 19, 2023. It will be held in Lounges A&B in the Clubhouse from 1 – 3:30 pm. We will have all the details in the January article and a flyer will go out right after the New Year.

There was an error in last month's article regarding the new monthly maintenance total. It was listed as \$417 when it should have been \$415 per month. We apologize for this error.

The Board of Section 16 wishes a Happy and Healthy New Year to all of you.

## Section 17

By Holly Ives

As I write this article, winter has not officially arrived but we are getting a preview of weather to come! Staying safe and warm whether you are inside or outside is important. Trunk supplies of blankets, flares, snow shovels, salt/sand, flashlights/batteries, cell phone charger for the car as well as food/snacks, water, and items for your pet are good ideas especially when traveling this season. A handy reminder for Snow Clearance Procedures can be found in this month's Courier.

It's a New Year. What will you challenge yourself to? There are many events and clubs to take part in or just attend to see what they are about. The updated calendar can be found on the bulletin board as well as the hallway tables in the Clubhouse. Have you seen the new Community Website Portal? There is an important reminder to "Edit your Profile." Everyone should check their information, especially if you listed a middle initial, 'Jr' or 'Sr.' If you are looking for John A. Doe Jr., he could mistakenly be under J vs. D in the alphabet listing. This is a problem if you are searching for someone and do not know the street they live on.

Were you at our Winter Get Together? We were able to mingle with neighbors old and new and had a delicious meal from City Streets. Many thanks to Chris Thronsen, Joan Weistreich, Pat Czerwinski, and Rosemary Rinkowski who helped organize the event along with board and section members who lent a hand to set up and clean up. It was a great

group effort!

Have you ever had an issue with your home computer or printer? The Computer Room has a terrific crew to help! My sister and I have received assistance many times and have always been helped quickly and efficiently. A special shout out to Gideon who guided us through an alert on our computer. They love a challenge and we are so lucky they are here to help us all!

Holidays for January: New Year's Day (1), National Spaghetti Day (4), Epiphany (6), Orthodox Christmas (7), Law Enforcement Appreciation Day (9), Orthodox New Year (14), Martin Luther King Jr. Day (16), New Friends Day (19), National Hug Day (21), Chinese New Year (22), Change a Pet's Life Day (24), Holocaust Remembrance Day (27), and National Hot Chocolate Day (31).

Happy Birthday to those born under the signs of Capricorn and Aquarius and to those celebrating anniversaries in January. Get well wishes to all in need. (The season for colds and flu is coming.)

Happy New Year to all!

## Section 18A

### Stuart Village

By Marianne Ippolito

Greetings neighbors. Happy and healthy 2023 to all! Hopeful that everyone enjoyed good times over the holiday season. The past few years posed such challenges that many families and friends missed out on the opportunity to celebrate all the beautiful holidays and holy days that December brings. So many homes throughout the community were beautifully decorated and I hope Santa treated you all well. Please accept my apologies for missing last month's newsletter. So much going on that I missed the deadline. I resolve to try harder this year.

Speaking of resolutions, not sure how many of you are like me and set certain goals that may be difficult to execute. For example we always see how crowded the gym is in January, but alas not everyone sticks to it. By mid February you usually see the crowd easing up. Well, let's not beat ourselves up about it. Some of us are still working or helping family members or friends and our goals take the back seat. There never seems to be enough time in the day even for those of us who are retired! This may sound selfish, but I'm thinking this year I need to focus a bit more on "me." What changes do I need to make in my daily routine to make life more enjoyable, healthier and possibly less stressed? A new year is also the opportunity to pull ourselves out of a rut by making some small changes in our daily lives. Personally, I'd also like to try to spend more time right here in Clearbrook taking advantage of all Active Adult

Living has to offer. Just a thought.

As we get into the colder months, there will be very little Section work being performed. The board will continue to meet to work on plans for the spring and of course, emergencies will be addressed. Continue to reach out to the appropriate board member for your needs. The safety and value of our homes is the board's top priority. Once again I am sharing contact information below but please refrain from calling after 5 or on weekends unless it is an emergency. Do not call the office as they will refer you back to the Section. Our own Sharon Monchinski is the first point of contact. Make certain that your outside water connections are closed and in order to keep your home warmer, be sure to close all air conditioning vents. Please take the time to read through this edition of the Courier for important news and for the calendar of events for our community and Monroe Township. One final request, please be sure to wear bright colors if you are walking or riding as it gets dark quickly these days.

Contact List:

### Unit Issues

Sharon Monchinski, 609-655-3033

### Dryer Vents

Myra D'Agostino, 609-619-3201

### Power Washing

Josh Jacobs, 646-606-4876

### Gutters

Josh Jacobs, 646-606-4876

### Grounds

Bill Hamlin, 908-358-2253

### Grounds

Josh Jacobs, 646-606-4876

### Trees

Mike Shinkle, 609-655-8619

### Winterization

Myra D'Agostino, 609-619-3201

### Roofs, Walkways, Driveways, and Drainage

Joe Manzo, 732-900-6936

## Section 18B

### Tudor Village

By Kay Neu

A very Happy New Year from the 18B Board of Directors, and wishing you and yours good health and happiness in 2023. January, named for the Roman god Janus, known as the protector of gates and doorways. Janus is depicted with two heads, one looking back on the year before and the other to look into the New Year. January 16 is Martin Luther King Day. January 1, 1892 commemorates the opening of Ellis Island allowing for immigration of over 20 million persons.

The Board approved next year's budget which includes a \$4.00 raise to the section. We feel it is minimal considering the current costs of all goods and services. Our fiscal responsibility is not only to the present but to maintain sufficient money in our Reserve to cover repairs/replacements that will occur as 18B ages.

(Continued on page 17)



## January at the Monroe Township Public Library

Please note the Library's hours are Monday through Thursday: 9:30 a.m. until 9:00 p.m., Friday 9:30 a.m. to 5:00 p.m., Saturday and Sunday 10:00 a.m. to 5:00 p.m.

### Book Café

Wednesday, January 4 at 11:00 a.m. & 1:00 p.m.

What have you been reading? We want to know! Join other book lovers for a lively discussion. Book Café is a perfect place to find your next great read or share what you have enjoyed. This is a hybrid program. Join us via Zoom or in person. Registration is required. Register at the Welcome Desk, online at [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000.

### Sit-N-Stitch

Fridays, January 6 & 20 at 10:30 a.m.

## Section 18B

(Continued from page 16)

Taking down trees has comprised a large part of our budget over the last three to four years, and unfortunately as trees become diseased and large roots are a threat to foundations and underground pipes, we will continue to incur this cost. All gutters were cleaned in December. As residents did not need to be at home, notification was not necessary.

Reading December's Courier, another Section reported that five raccoons were captured in traps and removed. These rodents entered through attic grates. They have very sharp claws and can get in chewing away at siding. Check your unit for signs of infestation. I was awakened in the middle of the night by noisy footfalls that were not from a mouse! My raccoon chewed away a foot of soffit to visit. Also, ensure that the bottom seal of the garage door is intact. CCA Bylaws prohibits bird feeders as they attract unwanted pests.

December's Courier had an informative article "The Importance of a Unit Owners Policy" which breaks down the different parts of coverage in your policy including the Association's insurance policy coverage for units as they existed at the time of loss. At the next section meeting we will have available details.

I am still receiving calls from other energy providers. Monroe Township researched this and found all proposals received were higher than JCP&L's.

You may want to get some ice melt from either bin located at Cultural Center or Clubhouse. It's free, so just bring your own container.

Happy Birthday to Capricorns and Aquarians. Best wishes to all celebrating anniversaries.

"Peace is not merely a distant goal that we seek but a means by which we arrive at that goal..."

Martin Luther King, Jr.

Socialize with stitchers & crafters of all skill levels. Bring your own supplies. This program is held in person. Registration is required. Register at the Reference Desk, at [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000.

### Device Advice

Mondays, January 9, 16, 23 & 30 at 10:00 a.m.

Tuesdays, January 10, 17, 24 & 31 at 10:00 a.m.

Wednesdays, January 11, 18 & 25 at 4:00 p.m.

Thursdays, January 12, 19, & 26 at 3:45 p.m.

Need one-on-one tech help? Register for a 45-minute one-on-one session for assistance with your phone, tablet, laptop or any technology device, e.g. navigating our website and online resources, how to use an iPad, tablet, Kindle, smartphone, laptop or other device, download books and media onto your device, how to access your email account. Registration is required. Register by phone at (732) 521-5000.

### Caregiver Support Group

Wednesday, January 11 at 11:00 a.m.

A Caregiver Support Group meets at the Library monthly on the second Wednesday of the month. Kat Verdi, Certified Alzheimer's and Dementia Care Trainer, of The Gardens at Monroe leads the group. Her mission is to educate, empower and encourage caregivers. All are welcome. This program is held in person. Registration is not required. Sponsored by The Gardens at Monroe.

### Genealogy Club

Wednesday, January 11 at 2:00 p.m.

Beginner and experienced genealogists welcome to discuss research, share findings and resources. Register at the Welcome Desk, online at [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000.

### Virtual Author Talk: Namina Forna

Thursday, January 12 at 2:00 p.m.

Join us for an action-packed online conversation with Namina Forna, New York Times bestselling author of The Gilded Ones Series in a discussion about her second installment in the series, "The Merciless Ones". This is a virtual program. Registration is required. Register at the Welcome Desk, online at [www.monroetwplibrary.org/author-talks](http://www.monroetwplibrary.org/author-talks) or by phone at (732) 521-5000.

### International Film Discussion

Thursday, January 12 at 2:30 p.m.

Hosted by the Friends of the Monroe Township Library. This month we will watch and discuss "The Syrian Bride" (2004, 1hr 36min). A Syrian woman living in a Druze Village in the Golan Heights is to marry a man

who is living in Syria. She may never return to her home village once she crosses into Syria. Many complications occur. View the film in advance at your leisure and join us for the discussion. Films are available to stream for free on Kanopy, accessible with your library card online at <https://monroetwpl.kanopy.com>. The discussion is virtual and will be held via Zoom. Register at the Welcome Desk, online

at [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000 to receive the link to the Zoom meeting.

### 3D Printer Demonstration

Thursday, January 12 at 7:00 p.m.

See a 3D printer in action, understand how it works, and learn how it is used at the Library. All ages welcome, but space is limited. This program will be held in-person at the Library. Registration is required. Register at the Welcome Desk, online at [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at

(732) 521-5000.

### International Book Club

Tuesday, January 17 at 11:00 a.m.

Join us for a discussion of discuss "Convenience Store Woman" by Sayaka Murata (Japan).

A brilliant depiction of an unusual psyche and a world hidden from view, "Convenience Store Woman" is an ironic and sharp-eyed look at contemporary work culture and the pressures to conform, as well as a charming and completely fresh por-

(Continued on page 18)



## Snow Clearance Procedures



### All Snowstorms:

During all snowstorms the following snow clearance procedures will be followed. As per contract, during typical storms (15 inches or less), snow should be cleared from all driveways and walkways within 24 hours after a snowfall concludes. In the event of a larger snowstorm or blizzard conditions, clearance may take longer---at least 48 hours from the time the snowfall stops. Clearance of snow/ice will not take place in the community unless the accumulation reaches more than two (2) inches.\*

\* When snow and ice accumulation is less than 2 inches, the Snow Contractor shall, upon authorization from Association's management, commence with the tipping of driveways (clearing of the snow/ice from the bottom of the driveways).

### Preparation Prior to an Upcoming Snowfall:

The Association takes the following steps in anticipation of severe weather conditions:

1. The General Manager and the snow contractor's Operations Manager are in constant communication with each other to determine the best time to call the snow contractor to send its crews to the Property.
2. The General Manager makes a determination based on the type and amount of snow predicted and the current temperature on whether or not to salt our roads.

### Staff/Equipment:

The current CCA snow contractor has the following on site at the beginning of a snowstorm:

1. 40 to 50 laborers with shovels and snow blowers
2. 8 to 10 pick-up/dump trucks with plows
3. 12 to 15 front end loader type tractors for driveways

### Plowing of Roads:

Once the snow reaches a depth of two inches, the plows begin to clear the snow from all the roads in Clearbrook. This includes:

1. Streets
2. Cul-de-sacs
3. Entry Roads (main, north and east gates)
4. Maintenance Service Road
5. Path in the Clubhouse Parking Lot
6. Path in the Cultural Center Parking Lot

### Snow Removal Procedure After the Snowfall Ceases:

Once the snow stops, all roadways will be cleared 12" from the curb on each side of the road except where mailboxes, driveways, storm drains and fire hydrants are located. Driveway and walkway clearing will also begin when the snowfall stops.

The community is divided into five areas, each area worked by a different team for the snow clearing process. Teams are rotated throughout the season to start in different sections.

All snow is cleared from the following:

1. All walkways at apartment complexes, Devons, Cambridges and all sidewalks to individual units including the front door to the garage door across the atrium for Braeburns.
2. All primary entrance walks at main entrance, Clubhouse and Cultural Center
3. All driveways and parking lots throughout the community, including the Clubhouse and Cultural Center
4. All dumpster areas, fire hydrants, mailboxes and storm drains
5. All breakouts leading from sidewalks to roads

Once all areas are completed, follow up will be performed as needed on missed or problem areas.

There will be no special consideration for working residents, residents leaving on a trip or residents with doctor's appointments not deemed a medical emergency.

\*\* Driveways will not be cleared of snow if a vehicle is parked on the driveway. The only exception to this is if a driveway is shared by two owners. We do ask that the owner with a vehicle on the driveway park as close to the opposite side of the driveway furthest away from the other owner's side of the driveway.

### Medical Emergency Clearance:

Our Contractor will be handling all snow clearing for medical emergencies. The Health Care Center prepares a listing of the medical emergencies after verifying all appointments. Priorities for snow clearance for medical emergencies are *only* given to residents who have a *verifiable* appointment for one of the following:

1. Dialysis
2. Chemotherapy
3. Radiation therapy
4. Scheduled Surgery
5. Home Health Aides for the Seriously Disabled

Consideration will also be given to Meals on Wheels, Visiting Nurses and Hospice Teams.

### Communications Protocol During the Storm:

The protocol that Management will be following for all snow events is outlined below. Snow Clearance Procedures are also on the Clearbrook Website. You can view it by going to: [www.clearbrook-nj.com](http://www.clearbrook-nj.com) and logging in. Next, go to "Resources" on the main website menu and click on the "Documents and Forms" link. The snow clearance procedure is located under "Emergency Procedures" including "Snow Procedures" link.

• Once the snow stops, the snow contractor will communicate all Section plowing updates to Management. Upon receipt of the updates, Management will send out an email blast, update the website and post the updates on the electronic bulletin board (Channel 26).

These updates will also be communicated from Management to the VOC volunteers and broadcasted every three hours on Channel 26 until the VOC goes off the air.

- Management will continue to provide updates via email blast, the website and the electronic bulletin board every three hours until midnight, resuming the following morning.
- Per the snow procedures, residents should not report driveways or walkways missed until the section is complete. Once Management and the VOC have reported the section being complete, any missed driveways or walkways should be reported directly to the Administration office at (609) 664-5517. The missed driveway or walkway will then be communicated directly to the snow contractor. In addition, all emails concerning snow removal after a storm need to be directed to the following email address: [snow@clearbrook-nj.com](mailto:snow@clearbrook-nj.com). DO NOT CONTACT THE GATEHOUSE, NURSES' OFFICE OR THE MAINTENANCE OFFICE. THE CLEARBROOK ADMIN OFFICE IS THE CENTRAL POINT OF CONTACT TO REPORT SNOW-RELATED ISSUES FOR SNOW OCCURRENCES DURING THE WEEK AND ON WEEK-ENDS.
- This process will be followed for snow events occurring Monday through Friday or over the weekend.

### Advisory to Residents:

1. Prior to a storm, make sure you have adequate supplies: food, batteries, medications and a good book.
2. Residents should remain calm – your property will be plowed, and you will gain access from your home.
3. Watch Channel 26 or the website for updates from the VOC volunteers after the snow stops.
4. Do not report that your driveway or walkway was missed until the VOC reports that your area is completed.
5. Do not call the nurses or the gatehouse for snow information; they do not have information on the location of the plows. Their phone lines must be kept open for emergencies only.
6. Most important, be patient. Understand that during a snowstorm, the people running the plows and shoveling are trying their best to get the job done as fast as they can, working through the night and under extremely cold conditions.
7. For your safety, please do not stand behind any equipment as the operator cannot see or hear you. All snow-related resident communications should follow the protocol outlined above.
8. **If there is a real emergency – you must dial 911** –not the nurse or the gatehouse.

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**COMPUTERS CUSTOM BUILT & REPAIRED - RJF Sales Company LLC.\*** Time to clean your computer and get educated on protecting yourself from scams. Desktop and laptop repair in your home. I am fully vaccinated; I use a mask. Virus removal and protection. Monroe resident with over 20 years of computer experience. (732) 723-9537 or (732) 967-3400. Please leave message; most calls returned same day.

**Help & Health Services**

**AT ANGEL TOUCH HOME CARE** we provide excellent care for the elderly with licensed, insured and bonded thoroughly screened aides. We are a company that cares for our patients and makes sure they are treated by the best. 24-hour care (living with resident). Elderly companionship. Call (609) 907-6059.

**DORRETT**—Trustworthy, reliable Aide who works in Clearbrook, is seeking a job, live in/out. Have good references. (718) 813-8467 or (347) 961-1892.

**ANNA'S HOME CARE** – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 917-4208 or (908) 337-7462.

**Transportation Services**

**AAA TRANSPORTATION**—Monroe area. (Encore resident.) Transportation to airports, trains, piers, NYC, and I will drive your car to and from Florida. Reasonable rates. Call Howard (732) 979-3085.

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State category/heading, ie., "For Rent", "For Sale", "Help Wanted." No charge for the heading.

One check or money order must accompany insert, PAYABLE TO PRINCETON EDITORIAL SERVICES

**January at the Monroe Township Public Library**

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trait of an unforgettable heroine. This is a hybrid program. Registration is required. Register at the Welcome Desk, online at [www.monroetwp.library.org/calendar](http://www.monroetwp.library.org/calendar) or by phone at (732) 521-5000.

**Virtual Author Talk: Dana K. White & Watch Party**  
Tuesday, January 17 at 2:00 p.m.

Start your new year calm and collected by learning to become better organized and clutter-free. Join us in-person

**School Funding – League of Women Voters Presents Program**

By Linda Bozowski

Rozella G. Clyde, Ph.D., co-chair of the LWVNJ State Education Committee and Linda Kinsey from our local Monroe LWV and member of the LWVNJ State Education Committee will be sharing some information on how our schools are funded and the funding process. This LWV general meeting will be held at the Monroe Library on Jan. 23 at 6:30 p.m.

The League of Women Voters encourages public awareness and participation. All meetings are open to the public. League membership is not required. Please join us for this informative presentation.

at the library to watch a livestream of the virtual author talk with bestselling author and decluttering expert, Dana K. White, creator of popular podcast and blog, A Slob Comes Clean, as she imparts tips from her books "Organizing for the Rest of Us" and "Decluttering at the Speed of Life". Following the watch party, stick around to share your decluttering and organizational tips with other attendees and library staff. Register to participate in person at the Welcome Desk, by phone at (732) 521-5000 or online at [www.monroetwp.library.org/calendar](http://www.monroetwp.library.org/calendar). If you only plan to attend the virtual author talk remotely, register at [www.monroetwplibrary.org/authorstalks](http://www.monroetwplibrary.org/authorstalks) to receive a link to the virtual author talk.

**Library Board of Trustees Meeting**  
Tuesday, January 17 at 6:30 p.m.

**Boheme Opera NJ Performance: Poor Little Buttercup**  
Wednesday, January 18 at 1:00 p.m.

This lecture performance features the songs and stories from the satiric operettas of Gilbert and Sullivan. Romantic ballads and rousing patter songs abound in shows including H.M.S. Pinafore, The Pirates of Penzance, The Mikado, and others. Songs will include Poor Little Buttercup, The Pirate King, When Frederic was a Little Lad, Poor Wandering One, The Major General's Song, The Moon and I, Tit Willow, and others. Sponsored by Monroe Township Cultural Arts Commission. This program will be held in-person at the Library. Registration is required. Register at the Welcome Desk, on our website at [www.monroetwp.library.org/calendar](http://www.monroetwp.library.org/calendar) or by phone at (732) 521-5000.

**Page Turners**  
Thursday, January 19 at 11:00 a.m.

Looking for something to read or add to your reading

**Start the New Year on a High Note: Join the Monroe Township Chorus**

Calling all Sopranos, Altos, Tenors and Basses to come and join the fun and camaraderie of a wonderful group of men and women and share the Gift of Song. We sing four-part harmony and rehearsals will begin on Tuesday January 10, 2023, from 9 to 11 am at the Monroe Township Senior Center, 12 Halsey Reed Rd. Senior Center Membership Is Required

For more information contact Sheila Werfel, Director at 609-619-3229 or [sheila1120@gmail.com](mailto:sheila1120@gmail.com)

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**MIGRAINES WITH AURA**

**ARE YOU AT RISK FOR ISCHEMIC STROKE?**  
People who have migraines with aura are more likely to have strokes caused by either a blood clot in the heart or a clot within the brain's blood vessels, compared to those that don't have migraines with aura, according to research presented at the American Stroke Association's International Stroke Conference 2016.

**AMERICAN HEART ASSOCIATION | AMERICAN STROKE ASSOCIATION**  
life is why™

**DO YOU EXPERIENCE MIGRAINES WITH AURA?**

**Neurological symptoms include:**

- Flashes of light
- Blind spots
- Tingling in the hand or face

**MIGRAINE WITH AURA PATIENTS WERE 2.4X more likely to have an ISCHEMIC STROKE**

**IN ADULTS, SYMPTOMS OCCUR BEFORE THE HEADACHE ITSELF.**

**MIGRAINES WITH AURA OFTEN AFFECT PEOPLE WHO ARE YOUNGER THAN THE TYPICAL STROKE PATIENT.**

Migraines with aura account for less than 20% of all migraines.

**WHAT SHOULD YOU DO IF YOU SUSPECT YOU EXPERIENCE MIGRAINES WITH AURA?**

**Have your doctor assess your stroke risk factors.**


**STROKE RISK FACTORS INCLUDE:**

- High blood pressure
- Diabetes
- Smoking
- High cholesterol

**PEOPLE WITH MIGRAINE AND STROKE SHOULD BE SCREENED FOR:**

- Hardening of blood vessels
- Irregular heart beat

**Ischemic Stroke Subtypes and Relationship with Migraine in the Atherosclerosis Risk in Communities Study**  
Authors: X.M. Androulakis, USC Sch of Med, Columbia, SC; Wayne Rosamond, Eunsl Yim, Univ of North Carolina Chapel Hill, Chapel Hill, NC; Lauren C Dennis, USC Sch of Med, Columbia, SC; Rebecca Gottesman, Johns Hopkins Bayview Medical Ctr, Baltimore, MD; Souvik Sen, USC Sch of Med, Columbia, SC  
Presented at the American Stroke Association's International Stroke Conference 2016 – Poster 3098T P179.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>1</b></p> 	<p><b>2</b></p> <p>10 am Table Tennis CC 11 am Woodworkers WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CR 6 pm Stained Glass Class AS 6:45 pm Cribbage CR</p>	<p><b>3</b></p> <p>9 am Stained Glass Class AS 10 am Table Tennis CC 11 am Woodworkers WS 11:30 am Voice of Clearbrook MPR 7 pm Presidents' Council MPR</p>	<p><b>4</b></p> <p>10 am Table Tennis CC 11 am Woodworkers WS 1 pm Other CR 5 pm Sports Advisory Comm CC 6 pm Stained Glass Class AS 7 pm Exercise CB 7 pm Pinochle CR</p> <p>TRASH PICK UP/RECYCLING</p>	<p><b>5</b></p> <p>9 am Ceramics Club CR 10 am Activities Department MPR 10 am Current Events CON 10 am Table Tennis CC 11 am Tap Your Troubles Away T.Y.T.A CC 11 am Woodworkers WS 12:30 pm Dup. Bridge LA 1 pm Scrabble Game MPR 3 pm Mandolin CR 7 pm Exercise CON 7 pm Woodworkers WS</p>	<p><b>6</b></p> <p>9:30 am Rules &amp; Regulations MPR 10 am Table Tennis CC 11 am Woodworkers WS 6 pm Boomer's CON</p>	<p><b>7</b></p>	
<p><b>8</b></p>	<p><b>9</b></p> <p>9 am Sec. 09 CON 9:30 am Ballroom Dance CC 10 am Table Tennis CC 11 am Woodworkers WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CR 3:45 pm Exercise CB 6 pm Stained Glass Class AS 6:45 pm Cribbage CR 7 pm Ballroom Dance CC 7 pm Democratic Club - LA 7 pm Jam Band CB</p>	<p><b>10</b></p> <p>9 am CCA Board of Directors MPR 9 am Stained Glass Class AS 10 am Health Care/ Nurses Station LB 10 am Table Tennis CC 11 am Woodworkers WS 2 pm Activities Department CB 6:30 pm Sec. 05 LA 7 pm Line Dance CC 7 pm Sec. 4 CON 7 pm Sec. 18B MPR</p>	<p><b>11</b></p> <p>10 am Table Tennis CC 11 am Woodworkers WS 1 pm Other CR 2 pm Sec. 17 CON 5 pm Sports Advisory Comm CC 6 pm Stained Glass Class AS 7 pm Exercise CB 7 pm Pinochle CR</p> <p>TRASH PICK UP/RECYCLING</p>	<p><b>12</b></p> <p>9 am Ceramics Club CR 10 am Current Events CON 10 am Table Tennis CC 11 am New Horizons LA 11 am Tap Your Troubles Away T.Y.T.A CC 11 am Woodworkers WS 12:30 pm Dup. Bridge LB 1 pm Scrabble Game MPR 3 pm Mandolin CR 7 pm Woodworkers WS</p>	<p><b>13</b></p> <p>10 am Table Tennis CC 11 am Woodworkers WS 7 pm Boomer's CB</p>	<p><b>14</b></p> <p>8 am Activities Department CR 4 pm Private Party CB</p>	
<p><b>15</b></p> <p>Schedule does not reflect changes made after the 15<sup>th</sup> of the month.</p> <p><b>All Events Are Subject to Change.</b></p>	<p><b>16</b></p> <p><b>COURIER COPY DEADLINE</b></p> <p>9:30 am Architectural Advisory Committee CON 9:30 am Ballroom Dance CC 10 am Table Tennis CC 11 am Woodworkers WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CR 3:45 pm Exercise CB 6 pm Sec. 15 CON 6 pm Stained Glass Class AS 6:45 pm Cribbage CR 7 pm Ballroom Dance CC</p> 	<p><b>17</b></p> <p>9 am CCA Board of Directors MPR 9 am Stained Glass Class AS 10 am Table Tennis CC 11 am Woodworkers WS 11:30 am Voice of Clearbrook MPR 1 pm Activities Department CB 6:30 pm Sec. 05 LB 6:30 pm Sec. 16 CON 7 pm Line Dance CC</p>	<p><b>18</b></p> <p>10 am Table Tennis CC 11 am Woodworkers WS 1 pm New Horizons CR 2 pm Computer Club LB 5 pm Sports Advisory Comm CC 6 pm Stained Glass Class AS 7 pm Exercise CB 7 pm Jewish Congregation LA 7 pm Pinochle CR</p> <p>TRASH PICK UP/RECYCLING</p>	<p><b>19</b></p> <p>9 am Ceramics Club CR 10 am Current Events CON 10 am Table Tennis CC 11 am Tap Your Troubles Away T.Y.T.A CC 11 am Woodworkers WS 12:30 pm Dup. Bridge LA 12:30 pm New Horizons CB 1 pm Scrabble Game MPR 3 pm Mandolin CR 6 pm Sec. 18A MPR 7 pm Exercise LA 7 pm Sec. 2 CON 7 pm Woodworkers WS</p>	<p><b>20</b></p> <p>9:30 am Rules &amp; Regulations MPR 10 am Table Tennis CC 11 am Woodworkers WS 1 pm Christian Fellowship LA 1 pm Christian Fellowship LB 7:30 pm Jewish Congregation CC</p>	<p><b>21</b></p> <p>7 pm Activities Department CB 4 pm Sec. 02 LA&amp;B</p>	
<p><b>22</b></p>	<p><b>23</b></p> <p>9:30 am Ballroom Dance CC 10 am Table Tennis CC 11 am Woodworkers WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CR 3:45 pm Exercise CB 6 pm Stained Glass Class AS 6:45 pm Cribbage CR 7 pm Ballroom Dance CC</p>	<p><b>24</b></p> <p>9 am Stained Glass Class AS 10 am Table Tennis CC 11 am Woodworkers WS 7 pm Line Dance CC</p>	<p><b>25</b></p> <p>9 am Activities Department PL 10 am Table Tennis CC 11 am Woodworkers WS 1 pm Other CR 6 pm Stained Glass Class AS 7 pm CCA Board of Directors CB 7 pm Exercise CC 7 pm Pinochle CR</p> <p>TRASH PICK UP/RECYCLING</p>	<p><b>26</b></p> <p>9 am Ceramics Club CR 9:30 am Presidents' Council CB 10 am Current Events CON 10 am Table Tennis CC 11 am Tap Your Troubles Away T.Y.T.A CC 11 am Woodworkers WS 12:30 pm Dup. Bridge LA 1 pm Art Appreciation LB 1 pm Scrabble Game MPR 3 pm Mandolin CR 7 pm Activities Department CC 7 pm Sec. 04 LA 7 pm Woodworkers WS</p>	<p><b>27</b></p> <p>10 am Table Tennis CC 11 am Woodworkers WS</p>	<p><b>28</b></p> <p><b>ABBREVIATIONS</b></p> <p>Art Studio AS Ballroom BR Card Room CR Ceramic Room CRR Conference Room CON Cultural Center CC Lounge A or B LA, LB Office Conf Room O-CON Multipurpose Room MPR Parking Lot PL Pool Room PR Woodshop WS</p>	
<p><b>29</b></p>	<p><b>30</b></p> <p>9:30 am Ballroom Dance CC 10 am Table Tennis CC 11 am Woodworkers WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CR 3:45 pm Exercise CB 6 pm Stained Glass Class AS 6:45 pm Cribbage CR 7 pm Ballroom Dance CC</p>	<p><b>31</b></p> <p>9 am Stained Glass Class AS 10 am Table Tennis CC 11 am Woodworkers WS 11:30 am Voice of Clearbrook MPR 7 pm Line Dance CC</p>					

## January at the Monroe Township Public Library

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list? Library staff will present and recommend a variety of titles pertaining to a different topic, both new and old titles. The theme for this session is New Year, New You (self-help, organization, DIY, etc.). This is a hybrid program. Join us via Zoom or in person. Registration is required. Register at the Welcome Desk, online at [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000.

### Non-Fiction Book Discussion

Monday, January 23 at 2:00 p.m.

Join us for a discussion about "In the Heart of the Sea: The Tragedy of the Whaleship Essex" by Nathaniel Philbrick. This is a hybrid program. Join us via Zoom or in person. \*Registration is required. Register at the Welcome Desk, online at [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000.

[twplibrary.org/calendar](http://twplibrary.org/calendar) or by phone at (732) 521-5000.

### Taking Great Photos

Tuesday, January 24 at 6:00 p.m. (inclement weather date is January 31)

Wednesday, January 25 at 1:00 p.m. (inclement weather date is February 1)

This workshop will help you learn to take better photos and have more fun with photography, regardless of the camera or smartphone you use. Learn the fundamental building blocks of great photos and some useful tips about light and composition that you can apply to all your photos. This program is for photographers of all ages and skill levels interested in taking great photos or just having fun with photography. The presentation will be hosted by photographic artist, teacher and "Princeton Photography Club" president, Dave Burwell. Dave's lifelong love of

nature sparked his passion for photography. Dave uses his photography to explore and express his creativity, and to help others feel a stronger connection with, and reverence for, nature. Sponsored by Monroe Township Cultural Arts Commission.

### Friends of the Library Meeting

Tuesday, January 24 at 4:00 p.m.

### Short Story Discussion Group

Thursday, January 26 at 2:00 p.m.

We will discuss "The Second Tree from the Corner" by E.B. White in The Best American Short Stories of the Century edited by John Updike and "What We Talk About When We Talk About Anne Frank" in The Best American Short Stories edited by Roxanne Gay. This program is held in-person at the Library. Registration is

required. Register at the Welcome Desk, online at [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000.

### Meet Your Sewing Machine

Thursday, January 26 at 6:30 p.m.

Monday, January 30 at 3:00 p.m.

Learn about sewing machines with this hands-on session for adults, ages 18 and over. Learn how to wind a bobbin, thread a needle and practice stitching. Space is limited. This program will be held in-person. Registration is required. Register at the Welcome Desk, online at [www.monroetwplibrary.org/calendar](http://www.monroetwplibrary.org/calendar) or by phone at (732) 521-5000.

### Virtual Author Talk: Randall Munroe

Tuesday, January 31 at 2:00 p.m.

Please join us for what is sure to be the most fun-filled hour of your day as we chat online with Randall Munroe about his new book "What If?"

2: Additional Serious Scientific Answers to Absurd Hypothetical Questions". This is a virtual program. Registration is required. Register at the Welcome Desk, online at [www.monroetwplibrary.org/author-talks](http://www.monroetwplibrary.org/author-talks) or by phone at (732) 521-5000.

### Winter Reading Challenge

Get ready for the 2023 Winter Reading Challenge! Start planning your winter reads and enter a raffle every month to win prizes! Entry forms will be available in January. January's theme is historical fiction, February is memoir/biography and March is science fiction.

### Fine Arts Gallery

Multi-media abstract paintings by Monroe resident Martin Graifer will be on display in the Fine Arts Gallery through February 2023.

### Holiday Hours

The Library will be closed on Sunday and Monday, January 1 and 2 and Monday, January 16.

# DON'T START YOUR YEAR LIKE THIS!



**732-521-9222**

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