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The Clearbrook Courier



Cornhole Comes to Clearbrook

Wednesday night has become cornhole night here at the Clearbrook Cultural Center. All the cornhole boards and bags were being used by over 24 residents. Many of these never played before, as you need no experience to play and have fun. Come on out Wednesday nights at 5:30 to 7 p.m. and see what all the fun is about! Any questions call Larry Pepin at 732-677-9316.

Cornhole players, left and above, keep active every Wednesday from 5:30 to 7 p.m. The games will continue through March.



"Lefty" Lefkowitz and Stan "K" both point to Lilly Morgan's stained glass sun catcher. Lilly has taken advantage of learning the art of working in stained glass from these two knowledgeable professionals. Come to the Stained Glass Workshop in the Clubhouse and see what you can make with their help!
Photo and caption by Jerry Sperling

CCA President's Report

**By Beverly Eskra
President**
Clearbrook, we have liftoff! The Woodshop Dust collector has finally passed muster! We are sure this is going to be great news to our woodworkers since this project is long overdue. The final phase of integrating the sprinkler system to the dust collector has also been completed and we look forward to safely using this system. The final touch to all of this is the fencing that will complete the project. All we can say is "It's about time!"
2023 looks to be a very exciting year for our commu-

nity since we have some projects already in operation and some that are in the planning stages. Our Rules and Regulations committee has gotten off to a great start and we look forward to some exciting suggestions from the committee. As of this writing our roofing project is still underway and we are hoping for a late January completion but we shall see. We are also hoping to update you soon on the Pool Contractor we will be engaging. We have several bids and our board and administration are perusing them now and are hoping to make a decision at

our next meeting. Our pool committee has been engaged in the selection process along with some inclusions to the contracts. We will keep you posted!
We are also optimistic about having a food truck at the Clubhouse during pool season that would be adjacent to the pool area. Imagine sitting overlooking the golf course sipping your coffee, iced tea or latte while deciding what you want for breakfast or lunch. Things are looking good and we hope to bring this endeavor to fruition soon.
(Continued on page 2)

General Manager's Report

By Donna Galindo, CMCA
Hello Everyone,
Well, we made it this far without terrible weather. At least we have up until I wrote this article. Let's see how we get through February. I am holding my breath hoping for calm.
It's that time of year when we begin working on Section Elections. A call for candidates will be sent to all unit owners by mail in the coming weeks. This is your opportunity to nominate yourself or someone else to run for election to your Section Board. Please consider running as it is a great way to get involved in your community, to learn and to problem solve, to help your fellow neighbors and to meet new people. Included in

the call for candidates mailing will be the Clearbrook Census. We need everyone's participation. The Census is what keeps our 55 and older status and property taxes lower. Please be sure to return your census to the Administration office or drop off in the black box outside of the Clubhouse in an envelope labeled "2023 Census" or by emailing it to: rkey@taylormgt.com. You can also complete the form online on the Clearbrook website at www.clearbrook-nj.com.
As we look forward to spring, we need to remember it is still winter. As a reminder, please take the time to refresh yourself on snow clearing procedures. Unit

owners are responsible for the clearance of snow or ice below a height of 2 inches. The community begins its snow clearance operation when the accumulation of snow or ice exceeds a height of 2 inches. The snow clearance procedures are published in their entirety in this issue. There is ice melt for your convenience at the Clubhouse and Cultural Center parking lots in the white bins.
These was an error in my January GM article. The phone number for reporting your driveway being missed when there is a full-service snow clearing is 609-664-5517 or by emailing snow@clearbrook-nj.com.
(Continued on page 2)

Lifestyle Happenings

**By Krystal Graves
Lifestyle Director**
Clearbrook, we truly hope your calendar is ready because we have so much in store for you in the upcoming months! February is going to be full of crafting, with Blanket Making, dancing, with our \$5 Dance, and a little light combat with beginner's self-defense class. March is even more packed with punches, so let's talk about all the wonderful things ahead.
We have two seminars slated at the top and bottom of March – a Tax Inheritance seminar will take place on March 1 and a Saint Peter's presentation on Arthritis and Joint Preservation will hap-

pen on March 23.
Early March also brings us our annual Club Fair! We cannot wait for all of our clubs, groups and organizations to be together in one space in the Cultural Center. This is a great opportunity to get involved and learn more about all the active and exciting things that Clearbrook has to offer.
Bob Scott's Game Show Night. If you were not able to snag a spot in November for Game Show Night, then we hope you make your way to the Lifestyle Desk to sign up for our next rendition. Tickets will be \$17 per person and the event is BYOB. Tickets
(Continued on page 2)

Voice of Clearbrook – Channel 26

Bring interesting ideas to life, the possibilities are endless.



By **Matthew Troncone**,
VOC Producer/Announcer/
Engineer

Volunteer Spotlight

This month's spotlight is on you, yes you, and your inner voice telling you how cool it would be to have your own television show.

We've all been there, as a child daydreaming about playing our favorite superhero or being the star of a popular sitcom.

It's a new year, a fresh start, and the opportunity to try new things, why not satisfy that inner voice that secretly wants you to be on television?

The Voice of Clearbrook is expanding its programming, this is your chance to make that dream come true.

Every week you could bring your ideas to life. Share your experiences, in travel, health, or even your favorite hobby. The possibilities are endless.

How many times have you watched a program and thought, "I can do that" or "I would have covered that topic this way"? Well, now you can.

There is plenty of room for new ideas and topics, come to a meeting and share your thoughts.

Our next meeting will be in the Multipurpose Room on February 7 at noon.

You don't have to produce a show to be "On Air" as an announcer you bring the Clearbrook activities information to the audience while supporting the producer during a live show.

It's a nice way to get your feet wet and see if you like being in front of the camera before committing to producing a show.

A few evening slots are also available if you work and can't commit to a weekly morning show.

Soon, we will be able to program shows in advance, so you could tape your show and air it later, just like the

big commercial television networks.

If you are more of a hands-on person, working with a camera may be something to consider. This is very similar if you ever recorded anything with a camcorder back in the day. We can have you behind a camera recording special events around the community in no time.

The engineering of a television show is the most sophisticated part when we broadcast on channel 26.

This can be learned as well; you will be responsible for keeping the program on the air, playing any media the producer has prepared, and keeping it all together with smooth transitions during the show.

The Voice of Clearbrook meets every two weeks in the Clubhouse at 12 pm, in the Multipurpose Room, to set the schedule of shows and show titles for the following two weeks, as well as who will announce, engineer, or produce each show.

Our next VOC meetings are on February 7 and February 21. All are welcome. You can also call Ralph Carito at 609-860-5631 or Maureen Tereshko at 908-202-6537 for more information.

As we start a new year, look back and think about opportunities or chances you didn't take. If being a television personality was one of them, what are you waiting for?

Recent Shows

Recent shows on Murphy's Law Tuesday nights at 7:30 pm have featured, *42nd Street*, Billy Crystal's Broadway production Mr. Saturday Night.

This past month, our weekday morning shows included classical, a woman in jazz, Crosby Stills, Nash, and Young, Tom Jones, America, Judy Garland, and Liza Minnelli. And of course, we covered the topic of keeping your New

Year's resolutions.

We welcome artists and hobbyists to contact us so we can interview/film them and their works in their homes for upcoming VOC shows. If interested, please call Stan Brim at (732) 614-1277 to set up a short phone meeting.

Channel 26 Is Your Central Hub

Remember, Channel 26, the Voice of Clearbrook (VOC) cable TV station, is your central hub for Clearbrook news and relevant entertainment. Every weekday morning, we broadcast a live entertainment show from 9:30 – 11:30 am. We also have a live show on Tuesday nights from 7:30 – 9:30 pm, and once a month on Friday nights. On all other days/times, Channel 26 features scrolling announcements set to a variety of great music. **NOTE: We will be broadcasting taped shows soon. Stay tuned!**

Three Ways to Watch Channel 26:

On your TV: If you have Comcast cable TV, just go to Channel 26.

On your computer from the Clearbrook website: if you don't have Comcast, or otherwise can't view Channel 26, go to Clearbrook-nj.com, click **Resident Login**, and enter your ID and password. Then click **Play** on the video that displays to stream Channel 26 directly from the web. (If you do not have a resident sign in, visit the website and follow the prompts.)

In the Clubhouse: View the TV next to Activities. It plays Channel 26 exclusively and continuously.

Want to know ahead of time which shows to watch? Refer to the bi-weekly schedule posted on the Clubhouse Activities bulletin board, the Channel 26 TV bulletin board "scroll," the Clearbrook resident's Facebook page, outside the TV studio room in the Clubhouse, or the Clearbrook-nj.com website (under VOC -> Morning Broadcast Schedule).

Lights...Camera...Action...Volunteer!

The Voice of Clearbrook meets every two weeks in the Clubhouse at 12 pm, in the Multipurpose Room, to set the schedule of shows and show titles for the following two weeks, as well as who will announce, engineer, or produce each show. Our next VOC meetings are on February 7 and February 21. All are welcome. You can also call Ralph Carito at 609-860-5631 or Maureen Tereshko at 908-202-6537 for more information, and/or visit us in the studio any weekday morning from 9:30 am – 11:30 am. We will teach you what you need to know if you decide to volunteer.

Manager's Report

(Continued from page 1)

To assist you in preparing your 2022 income tax returns, please note the health deduction for the year 2022 is \$190.70. You should consult your tax advisor as to the deductibility of these services.

As the weather continues to be cold and the power bills increase, I thought I would share with you some easy tips to lower your electric bill and possibly save some money.

- A 10% annual savings can be had by turning down your thermostat by 10 degrees for 8 hours a day
- Open your window

shades, curtains or blinds to let the sun in during the day, as that will put less stress on your furnace.

- Even baking or cooking at home is an easy way to heat up your home during the day.
- Put draft stoppers on the doors.
- Winterize your windows with storm windows outside or plastic covering inside.
- Keep your heating vents clear of dust and debris.

Happy Valentine's Day to all. If you are celebrating at home, open a bottle of wine and turn on the Hallmark Channel. There is sure to be a sappy movie to enjoy.

CCA President's Report

(Continued from page 1)

While things are looking up for some of our projects, we are still battling a "trifecta" of respiratory viruses. This trifecta, Covid, the flu and RSV has been wreaking havoc with our health so please take care of yourselves by wearing a mask if you are out and about. Wearing a mask properly is also extremely important. Please pinch the area around your nose after applying the mask to ensure your protected. Try not to touch the mask or move it around with your fingers after placing it on your face since you will be allowing any viruses or microorganisms to infiltrate the mask after applying

it. A mask is the best protection we have right now along with keeping up with your vaccines and boosters. Rest, drink plenty of fluids and hopefully we can get pass this and breathe a little easier soon.

We also need your attendance at our open board meetings. This is where you can learn about what your board is working on and an opportunity to voice your opinion at our open forum. We welcome your input, take all your comments and suggestions into consideration and work to ensure that Clearbrook remains the very best.

Until next month, have a great Valentine's Day and Stay safe!

Lifestyle

(Continued from page 1)

are slated to go on sale on February 8th.

Rounding out the end of March will be our singles and new friends Mix & Mingle event. Registration begins on February 27 and the cost will be \$5 per person. We will have light refreshments available as you mingle with your fellow Clearbrook resi-

dents. We've had many individuals request a singles night, so if you are single and looking or just want to make new friends, come out and enjoy a night of food, fun and dancing. There will be a complimentary "ice breaking" dance class offered by Ballroom Dance instructor Pam Vergogino. BYOB and don't be shy! We hope to see you there with all your single friends!

In Appreciation

Stanley Hyman was my husband for 71 years. He died December 6 at the age of 98. Stanley was a loving husband, and father to Alan and Lee. He was loved by his grand and great grandchildren. My sons and I want to thank our friends and neighbors for their many cards, certificates, trees and other donations. Thank you to my canasta


group for the wonderful food, to the Jewish Congregation of Clearbrook for the Minyan, and to Rabbi Spritzer for his Shiva call. There are many more too numerous to mention here, but many thanks are extended to you all. Also, thank you all for your kind thoughts and deeds in memory of my beloved husband Stanley.

Anita, Alan and Lee Hyman

Did You Know?

- Movie: Hidden Figures will be shown on February 7 and 10
 - Tax Inheritance Seminar – March 1
 - Club Fair has moved from February 23 to March 6
 - Game Show Night is back – March 9
 - Wine Glass Painting Party – March 19
 - Mix & Mingle – singles and new friend mixer will take place on March 25
 - Yoga with Rama – Every Monday at 4P, Clubhouse Ballroom
 - Come play Cornhole! Wednesdays 5:30-7P thru March 2023
- Keep an eye out! Project Healthy Bones is coming to our regular schedule!





The Clearbrook Courier
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Nurse's Notes:

By Marge Drozd MSN, RN, ACNS-BC, FNP-BC, CSN-NJ
 Director, Community Health Services, Saint Peter's University Hospital



Become a Healthier Version of You: Living Better Can Reduce the Risk of Stroke

Many people start the New Year with resolutions to eat healthier and exercise more, but you can make simple healthy lifestyle changes at any time to help reduce the risk of stroke – the fifth cause of death and a leading cause of adult disability in the U.S. On average, someone in the U.S. suffers a stroke every 40 seconds, and nearly 795,000 people suffer a new or recurrent stroke each year. To help you reduce the risk for stroke, the experts recommend exercising, eating nutritious meals, getting a good night's sleep and quitting smoking.

High Blood Pressure and Heart Disease

High blood pressure, also known as hypertension, is a leading cause of heart disease and the biggest risk factor for stroke because it damages the lining of the arteries, making them more susceptible to plaque buildup. The buildup narrows the arteries leading to the heart and brain. According to the Centers for Disease Control and Prevention (CDC), nearly half of all adults in the U.S. have high blood pressure but only a quarter of these adults have their condition under control.

"Physical activity for 30 minutes a day, five days a week, can help lower your blood pressure and reduce your risk of stroke," said Maria Bartman, BSN, RN, CEN, stroke coordinator at Saint Peter's and chair of Saint Peter's Stroke Committee. "If 30 minutes seems too intimidating of a goal, start by doing what's manageable based on your physical abil-

ity or schedule and build your way up."

Proper nutrition can also reduce high blood pressure and the risk of stroke.

"For a healthier lifestyle, consume a diet that includes fish, lean protein, low-fat dairy, and is high in fiber by including fruits, vegetables, beans, nuts and whole grains," said Laura Vetter, RDN, CDCES, outpatient nutritionist at Saint Peter's. "By reading labels and making healthy choices at the grocery store, you will incorporate nutritious foods into your diet."

Lack of Sleep

Not getting enough sleep each night can increase the risk of stroke. The CDC reports that hypertension, stroke, coronary heart disease and irregular heartbeats have been found to be more common among those with sleep disorders than those without sleep abnormalities. Having trouble sleeping? The Center for Sleep and Breathing Disorders at Saint Peter's University Hospital offers testing, diagnosis and treatment for sleep disorders, such as sleep apnea.

Tobacco Use

Smoking tobacco increases the risk of stroke, making quitting one of the most effective ways to improve health and quality of life. Saint Peter's tobacco cessation specialists are here to help people make a life-changing and life-saving decision. Ready to break the habit? Call Saint Peter's tobacco cessation line at 732.339.7848.

Diabetes

Adults with diabetes are twice as likely to have heart

disease or a stroke compared to others.

People with diabetes may avoid or delay the development of heart and blood vessel disease by managing their risk factors. Your health care team can do periodic testing to assess whether you have developed any of the risk factors associated with cardiovascular disease and stroke. The Thyroid and Diabetes Center at Saint Peter's is comprised of a multidisciplinary team led by dedicated endocrinologists with expertise in diabetes who offer individualized treatment plans for each patient with diabetes, including diabetes self-management education* and nutrition recommendations from the Center's certified diabetes educators.

Time=Brain

Time is of the essence when it comes to stroke. Early stroke detection and treatment are key to improving survival, minimizing disability and reducing recovery times.

BALANCE-Does the person have a sudden loss of balance?

EYES-Are they experiencing blurred or double vision in one or both eyes?

FACE-Ask them to smile- does one side of their face droop?

ARMS-Ask them to raise both arms- does one arm drift downward?

SPEECH-Ask them to repeat a simple phrase- is the speech slurred or strange?

TIME-If you see ANY of these signs, call 9-1-1!

If you have any symptoms of a stroke, or notice a loved one experiencing symptoms, call 911!

This article has been modified from Saint Peter's Healthcare System's January 2023 Community Calendar.

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The Boomers of Clearbrook, Inc., elected the new Board of Directors for 2023. From left are: Ellen Sherman, Liz Strazza, Frank Casey, MaryEllen Allocca, Tommy Tompkins, Loretta Migliore, Sheila Fichera, Steve Rudin and Janet Martino (unable to attend).

The Boomers Club

By Frank Casey and Steve Rudin

The Boomers Club held its membership meetings and Board of Directors Election on Friday, January 13. Re-

lected to the board were Frank Casey, and Loretta Migliore. Newcomer Mary Ellen Allocca was also elected to the board. Janet Martino was given an interim position on the board, to fill a vacated seat. Congratulation to the 2023 Boomers board officers. Frank Casey, Presi-

dent; Steve Rudin; Vice President; Liz Strazza, Secretary; and Tommy Tompkins Treasurer.

The Boomers Club will be hosting its annual Super Bowl Party, on Sunday, February 12 in the Cultural Center. Come out and watch the game on the BIG screen TV. The doors will open at 5 pm. This event is open to ALL Clearbrook residents, their friends and family. Please join us and show off your own team colors while you cheer for whichever teams will be playing in the big game. We'll have a hot "finger foods" buffet setup, with chicken wings, White Castle sliders, Swedish meatballs, Frank's own homemade Southern chili, and coffee and dessert. This is a BYOB (no hard liquor) event.

Ticket price is just \$20 pp. Tickets went on sale Tuesday January 24. Additional ticket sales dates are posted on our website.

Are you a little bit interested in knowing what we have going on in 2023? Please visit with us at www.boomersofclearbrook.com

The Boomer's Club is the place to be if you're looking to meet people, make new friends and forge lasting relationships.

For additional information about joining the Boomers Club, please contact our President Frank Casey at fcasey69@hotmail.com or our Vice President Steve Rudin at srud58@outlook.com. Please feel free to visit our website for more info about the club. www.boomersofclearbrook.com/home.html. Dues are still \$10 pp annually.

Art Appreciation Club

By Paula Davis

We had some wonderful speakers and a fantastic art exhibit in the months before the winter set in. Now we are waiting for things to settle down and we are planning for future meetings.

Please keep your eyes peeled to the Clearbrook Channel 26 to find out what is happening.

Hope the new year is off to a good start for all. See you soon!

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YES!
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The ladies of Fiber Arts display their January projects.

Fiber Arts Club

By *Chris Brenner*

A Happy Valentine's Day to Everyone!!

A happy event for February!

We are looking forward to the Club Fair on March 6 at the Cultural Center from 4- 8 p.m. We will be there with the other clubs! You will be able to view some of our members' creations and meet friendly members, too.

See our members at work now in our photo in this edition of the Courier. The needles are flying!

In February, you may see our Holiday Tree sprouting Valentine hearts instead of regular holiday ornaments.

A warm *Welcome* to several new members of the club! If you would like to join us, just come on down to the Ceramics Room in the Clubhouse on a Monday. We are there 1 to 3 every Monday or call Chris' answering machine at 609-395-6825 for more info and I will return your call asap!

PS We celebrate birthdays once a month with a cake made by Donna Malley!

Italian American Club

By *Medele De Filippo*

Ciao amici. Spero che state bene. Hi everyone! I hope this finds you well.

On Saturday, December 10, we held our annual Christmas Party at the Cultural Center. Tables were beautifully set with centerpieces created by JoAnn Rago and Marie Schiumo, and a lovely decorated Christmas tree was displayed on stage. A big thanks to Santa's elves who helped with the set up; Diane Davis, Maryann Kraemer and Pat Czerwinski. And many thanks to Rick Davis who sells our popular 50/50 tickets.

Guests picked up their place cards and after everyone was seated, we pledged to our flag and President Lou DiMeglio announced the names of those celebrating December birthdays and wedding anniversaries. Our favorite DJ, Gary Morton, was poised and ready to start calling table numbers so the feast could begin. Tables

were set up on both sides of the room with delicious hot food, salad, bread and butter. Pitchers of water were on each table. While we were eating our dinner, high compliments to the caterer could be heard. Lou invited us to come up for seconds and we graciously complied. For

dessert, a tray of Italian cookies was placed on each table, and carafes of coffee were served as well. A sweet ending to finish our meal.

Gary played all our favorite music as he sang and danced along. As always, the music was great. It seemed

(Continued on page 6)



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Italian American Club

(Continued from page 5)

that everyone knew the words to all the songs and sang as loud as they could to join in the fun. The floor was filled all night with dancers showing their talent. Our club can boast of terrific dancers that's for sure. We saw some fancy stepping out there on the floor. Very impressive, kids!

And then we were ready to hear the lucky ticket numbers called. We had ten \$20 cash winners and, in addition, eight people were the winners of a bottle of wine. Plus, at each table there was one person who got to take home the centerpiece. Our Christmas party was a big hit and we are delighted that so many were able to attend. Thank you all for being an important part of the celebration.

Mark Your Calendar and Please Note Change: Our

first 2023 meeting is scheduled for Tuesday evening at 7:30 p.m. on March 28 in the Clubhouse Ballroom. Although we have always held our meetings in the Cultural Center, another function has been booked for that room on that night, and we have been moved to the Clubhouse Ballroom to hold our March 28 meeting. Please make a note of this. If there are any changes, we will post a notice on the Clearbrook channel. As we approach the startup of our 2023 club meetings, we invite you to consider joining our board to be a club officer. We welcome any new ideas and suggestions you might have. We will address this at our March meeting, so it might be something you would like to think about in this new year.

Trips: Monday, February 13, 2023, to the Resorts Casino in Atlantic City. Please call A/C Trip Coordinator, JoAnn Rago (609-655-4482)

if you wish to join us for the day. You are always welcome and so are your friends. And you might have "Slots of Fun."

Interested in Joining? We always welcome new members, and if you are interested in joining, please call Vice President Marie Schiumo (609-409-9931). Everyone in Clearbrook is invited to join.

Happy Birthday wishes in February (birthstone: Amethyst) (flower: Violet) to: John Begodt, Loretta Brower, Annette Bruno, Sal Celentano, Carmela Comaianni, Sal Coraci, Vinnie Curto, Kenneth Doctors, Anne D'Ambrosia, Marie Dowling, Karen Musso, Carol Parkhurst, Robert Pendolino, Frank Puglisi, Carmen Santiago, Marsha Satzman, Janice Sias, Martha Sperling, Eleanor Strasser, Joanne Strausman, Bonnie Tornheim
Happy Anniversary wishes in February to: Lucy and Bob Carlucci, Margo and

Chik Chikas, Marie and Vinnie Curto, Bernice Fitzgerald & Tim Casatelli, Cathi and Joseph Messina, Nelly and Ron Sorensen

Before signing off, let me leave you with this: Why some husbands shouldn't take phone messages - **"Someone from the Gyna Colleges office called. They said your Pabst Beer was normal. I didn't even know you liked beer."**

Happy Groundhog Day, Happy Valentine's Day, and for those of you who are still working, enjoy your three-day President's Day weekend. With the observance of Ash Wednesday, the Lenten season begins.

Arrivederci, buona salute a tutti. So long and good health to everyone.

Clearbrook Computer Group

By Hal Wexler

On January 5th through the 7th Las Vegas was home to the 56th Consumer Electronics Show (CES). After an all-digital event in 2021 and a dreary in-person show last year, CES finally was back to normal in 2023. In addition to improved hardware like sleek new laptops, foldable smart phones and new solid-state drives with 13 Gigabyte read/write capability there were lots of innovation on display. The coolest part of CES is the wealth of new product designs.

One such new product is the Lenovo ThinkBook Plus Twist. It's a 13.3-inch laptop with both a normal display and a second 12-inch color ink display on the reverse side. With a center post hinge that allows horizontal rotation between front and back displays, the Twist lets you use the regular display for most work and provides the option to switch to E-Ink to save battery life, rest your eyes from bright screens, or just use the machine as an E reader or a notepad. Another attention grabber at CES was the 93-inch LG wireless TV. The new wireless TV uses a built-in receiver in the screen, paired with the LG Zero Connect box which wirelessly transmits a 4K video signal along with multiple audio formats. LG's new Zero Connect technology, can broadcast HDMI-quality signal from up to 30 feet from the TV. As a result, aside from the power cord, the TV is cable-free. With a 30-foot range, you can set up other devices like Blu-ray players, game consoles, or a cable TV set-top box on one side of a room, with the TV mounted elsewhere. If you are into futuristic devices the Dyson Zone Air-Purifying Noise Cancelling headphones meet that requirement. This marks Dyson's first venture into both audio and wearable technology. The Zone is the first air purifier designed specifically for the face. The device, aims to combat outdoor air and noise pollution. Inside each ear cup is a tiny compressor motor

and a dual-layer air filter that promises to catch inhalable particles and noxious gases. A duct on each earcup allows clean air to flow into the visor, which sits around the lower half of your face without touching it.

Much of the tech at CES is ready for primetime, but there also was a glimpse of the big ideas that may or may not come to fruition. Some of the most intriguing concepts from the show were cars provided by automobile makers Chrysler, Dodge, Peugeot and BMW. Honda and Sony have a new venture called Sony Honda Mobility that displayed an Electric Vehicle (EV) under the brand name Afeela. The idea is that the cars will eventually be able to drive themselves, allowing passengers to relax with content created by Sony, like games, movies, and even AR-like experiences. With these types of products on the drawing boards, 2023 and subsequent years should be interesting from a technology point of view.

Duplicate Bridge

By Jayne Levy-Carol


In Memoriam

Barbara Leviton died on December 28, 2022. I met Barbara six years ago when I moved to Clearbrook after marrying Stan Carol. Barbara was the Director of the Clearbrook Bridge Club. Stan is an avid bridge player and wrote the bridge column for the Courier.

Barbara was confined to a motorized wheelchair. She greeted me warmly. She was genuinely happy that Stan had remarried. Barbara was starting a Beginner's class at the Middlesex library and she asked me to join. We were about seven people crowded around a couple of snack tables in the entrance hall. Barbara was patient with each of us. Her enthusiasm for bridge was contagious. She never complained; although she was in chronic pain. She was happy to share her notes and outlines which she asked the library to copy for us. She fought hard not to let her pain and her disability detract from her responsibilities.

Eventually, Barbara continued her class at her own kitchen table. A couple of the students joined the Clearbrook Club. The loss of several members from Covid affected the group and all the members. Barbara's disability increased in severity during the past four months. She could no longer drive and could not get out of her car by herself. Nevertheless, her spirit and commitment were valuable to keeping the group intact with hope for expansion and renewed vitality. She will be sorely missed.

However, the group is now meeting twice a week: Mondays and Thursdays from 12:30 to 4 p.m. in the Clubhouse. They welcome players of any level. Come on over and bring a partner.



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Rack 'Em Up'



By Pat Castrucci

A new year is like a blank book; it has 12 chapters, 365 pages, and you are the author. Our wish is that this year you write the most beautiful story possible for yourself. HAPPY NEW YEAR to all Clearbrook friends.

Winter is upon us. Get out of the cold and come on in to the Billiard Room; our members are waiting to greet you. The club has been active and we are looking forward to more new members, both men and women. As a reminder, The Billiard Club is open seven days a week from 8 am to 10 pm. All equipment, including cue sticks, balls, chalk, is available in the Billiard Room for everyone to use.

Antonio's holiday festivities were a success. It was a pleasant evening with friends and new members. We celebrated the achievement of three members honored with trophies for most improved. (Pat Castrucci, Joseph Paul and Louis Scfuri.)

The Billiard Club still promotes and supports The Food Bank.

A Little Bit of Trivia: Interesting Facts about Pool

The term "Poolroom" now means a place where billiards is played, but in the 19th century a poolroom was a betting parlor for horse racing. Billiard tables were installed so patrons could pass the time between races. The game billiards and the poolroom became connected in the public's mind. Today, the two terms are used interchangeably. Pool is one of the safest sports in the world.

The dome on Monticello, Thomas Jefferson's home, conceals a billiard room. In Jefferson's day, billiards was illegal in Virginia.

Tom Cruise did his own billiard shot for the 1986 film, *The Color of Money*, except for one in which he had to jump two balls to sink another. Director Martin Scorsese said he wanted to let Cruise learn the shot, but it would have taken two extra days of practice, which would have held up production and cost thousands of dollars. The shot was instead performed by professional billiard player, Mike Sigel.

See ya in the next 'Rack 'Em Up'

Clearbrook Democratic Club

By Patricia L. Schwalje

The Democratic Party of Clearbrook is wishing all the residents of our wonderful complex a loving February 2023 and a Happy Valentine Day.

In 2023 Monroe has the positions of Mayor, and two Council-at-Large seats up for reelection. There also will be races for Middlesex County and New Jersey. Republicans have promised they will be asking tough questions. Democrats will also ask tough questions and hold Republican candidates accountable for truth, and concrete policies. The next meeting of the Clearbrook Democratic Club will be on February 13 at 7 p.m. in Lounge A of the Clubhouse. The club meets the second Monday of each month.

The Democrat Club of Clearbrook pledges to uphold American democracy, the "Rule of Law" and the Constitution.

It's Freezing Outside

By Bill Turkus

This may be informing too late for some, but it is cold enough for water pipes to freeze. Disconnect your hoses and sprinklers that are connected to the outside wall hydrant (the valve on the side and or in front of your unit).

Make sure you know where the main shut off valve is in your house and that you know how to shut off the water. If it is difficult to turn or in a location that is not accessible, consider calling a plumber to have it moved.

Know where the outside curb box is (the outside shut off) and that it is uncovered and accessible. Remove shrubs or ground cover so that it can be found quickly. Damage to your unit doubles and triples every minute that you waste getting the water shut off.

Find a plumber or two.

Keep their numbers readily available. In freezing weather the plumber will be too busy to get to you immediately. Be prepared to be without water until they get to you. Knowing how to shut off your water on your own can save you from a lot of grief.

Remember insulating pipes does not prevent freezing. It just takes a little longer for a disaster to happen. Be prepared. Know what to do. Have a good disaster plan. Don't allow replaced pipes to be installed in unheated places like the attic or outside walls.

If you are leaving for any extended period of time, winterize the house, shut off the water. In a bad storm the power may go out for an extended period of time. Shut off the water, leave all the faucets open to allow for ice expansion.

FEBRUARY

By Ellen Tischio

*A new year has recently begun
It's nice to meet with Family
and Friends and have some fun*

*February has some Special days
They are celebrated in
Different ways*

*During Black History Month,
we can Recognize, Honor and
make a Fuss
For all the Contributions Black
Americans have given to us*

*On Valentine's Day, it's Cards,
Candy and Flowers
With those we Love, we can
spend Hours*

*On President's Day we can
celebrate
All the Presidents we think are
Great*

*On Groundhog Day, there's
just One Thing
We hope he will predict an
Early Spring*

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SPECIAL FINANCIAL CONSIDERATION FOR OUR NEIGHBORS IN THE ADULT COMMUNITIES

Jewish Congregation Highlights

By Michael Katz
 A message for the New Year. May your Tzoris be few (problems) and your Nachas be plenty (good things). I know its February, but I would still like to wrap up the 2022 year for the J.C.C. The congregation had a very strong year. We hired a wonderful new Cantor, Ron Sucher. Our membership increased nicely, our holiday and Friday night services were well attended. All this could not have happened without help from our mem-

bers.
 We also have to give a special thanks to our Board of Directors, to Beverly Eskra, CCA President, and Krystal and Susan, the Lifestyle ladies. Thank you as well to all the people who set up our event locations. Without you there would be no us.
 We will be shortly sending out information for our Tree of Life and our Memorial Tree. Please be on the lookout for information.
 For anyone who would like

to contact the J.C.C. team, please email us at JCong-Clearbrook@gmail.com or call Michael Katz, president at 609-619-3762, Naomi Lefkowitz, treasurer, Barbara Wellen or Debbie Blendowski, membership.
 Our Friday night service for February will be on February 17 at 7:30 p.m. in the Cultural Center.
 Most Important! On February 25, Bernice Miller will turn 100 years young. Best wishes from all of us for a happy, happy birthday.

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Christian Fellowship

By Brenda A. Carpio
 February is indeed a month when reminders of love are all around us. Hallmark sure will not let us forget. We are reminded to love one another and, we are reminded to love our country. Yes, we are reminded to appreciate and honor those who fiercely loved our country and its people and tried to make our nation better.

unconditionally through thick and thin, yes, through all the days of our life. As we celebrate Valentine's Day and tell our family and friends how much we love them, let us remember the One who loves us and will never leave us or forsake us. The following hymn beautifully reminds us of His love:
*Could we with ink the ocean fill
 And were the skies of parchment made
 Were every stalk on earth a quill
 And every man a scribe by trade
 To write the love of God above
 Would drain the ocean dry
 Nor could the scroll contain the whole
 Though stretched from sky to*

*sky.
 O love of God, how rich and pure!
 How measureless and strong!
 It shall forevermore endure
 The saints' and angels' song.*
 We look forward to seeing you on the third Friday of each month until June. Whether you are an old timer here in Clearbrook or have recently moved into our community, please join us. A warm welcome will be yours. **Our February meeting will be held on February 17 at 1 pm in Lounge A & B in the Clubhouse.** Bring your own sandwich or salad. Coffee, tea, and cookies will be served. Any questions? Call: 609-235-9950, leave a message, and we will get back to you ASAP.

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But sometimes we forget to remember that He, our loving God, will never pass away or will never stop loving us. No matter what, **God will always love us.** No matter how many times we mess up, sin, or fall away from Him, **the love of Jesus is never ending and unending.** John 3:16 reminds us that "God so loved the world that He gave His only begotten son to die for us Whoever believes in Him shall not perish but have everlasting life". He will continue to love us

Referendum Presentation Scheduled by League of Women Voters

By Linda Bozowski
 A presentation on the upcoming school construction referendum has been scheduled by the League of Women Voters for Monday, February 27. The information, to be presented by school officials, will be held at the Municipal Building courtroom at 1 pm.
 The actual vote is scheduled for Tuesday, March 14. The Middlesex County Board of Elections will coordinate voting and will announce polling places and vote-by-mail procedures. Originally planned for an April election, the Board of Education was advised that the date needed to be moved forward one month or be delayed to September.
 The referendum proposes additions to both the middle and high schools and a large addition and renovation to Applegarth School, currently an elementary facility. The Applegarth building was constructed in 1936 but has had minimal renovations over the past ninety years. There is concern that the infrastructure may require repairs that have not been fully anticipated.
 The projected cost of the referendum is \$103 million. It is expected that property taxes will increase about \$215 per year based on the average home value of \$331,000 in the township.
 The public is urged to attend this presentation or another before the election date in March. The meeting is open to the public. League membership is not required to attend. Supporting our students in safer facilities should be a priority for all residents. Detailed information will also be available on the Board of Education website.

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Scam Alert from the MT Police

The Monroe Township Police Department would like to advise our residents about a new type of scam that is affecting our community.
 Recently, the Monroe Township Police Department has been receiving reports about a new phone scam.
 Some of our residents are advising that they are receiving phone calls from different 1-800 numbers from individuals that are claiming to be a representative from Xfinity. The scammers then advise our residents that their service price is increasing and they are running a onetime "promotional" package. They then advise that if they pay today their service will not be interrupted. In another situation the scammers say the

(Continued on page 9)

Section News

Section 2

By Barbara J. Turner

It is hard to believe that we are already into the second month of a new year.

There are several days which are celebrated during the month of February, including Groundhog Day, President's Day and Valentine's Day. Also, the entire month of February has been designated as Heart Health Month. On February 11, the Activities Department will be sponsoring a dance dedicated to heart health. Tickets for the dance are \$5 each and can be purchased from the Activities Department. All are welcome to come out and enjoy the festivities.

Please be reminded that each of our homes is connected to someone else's home. As such, we must keep in mind that things we do in our home may affect the person and/or person's home connected to us. Please be mindful of items placed in the toilet that may cause the system to back up. If you have a garbage disposal, please remember that only food remnants are to be disposed of and taking care not to force too much food at once which may cause a malfunction to occur.

It has also come to the attention of the Board that there are still a few homes where hoses have not been disconnected from their bibcocks (spigot). Although we have had a few unseasonably warm days, we must keep in mind that it is still winter. If the temperature drops, any hoses that are still connected may freeze and possibly cause damage requiring expensive repair or replacement. Any repair or replacement required because hoses have not been removed will be the sole responsibility of the homeowner.

Scam Alert

(Continued from page 8)

resident qualified for a \$50.00 discount on their monthly bill, if they made a payment of \$150.00 today. In these type of situations the scammers are attempting to get your credit card number without giving you time to think.

The Monroe Township Police Department would like to take this opportunity to remind our residents about scam phone calls and to not give any personal information out over the phone. It is unfortunate, but some of our residents did fall victim to these scams.

Please share this information with family and friends as well as our senior citizens, because it appears that this is the population they are currently targeting the most. Let's work together and not fall victim to these criminals!

Section 2 is looking for new Board members. Although elections will not be held until May, the Board is, and will continue to be actively seeking anyone who would like to dedicate their time and talent to consider being a candidate for a seat on the Board.

The next Open Board Meeting will be held at the Clubhouse on March 21 at 7 p.m. in the Multi-Purpose room.

Small deeds DONE are better than great deeds PLANNED – Peter Marshall

Section 3

Chatham Gardens

By Patricia Feeney, President

Here we are in February and so far so good. Things

have been quiet in the Section and we haven't had any snow as yet at the time of this writing in mid January. The snowbirds are in one of the warmer states and their temperatures are cooler than normal. Go figure!! Regardless of the weather, just remember to have your prescriptions current, extra bottles of water on hand, and a flashlight with extra batteries for emergencies with possible power outages.

For 2023, I would like to list the dates for Open Meetings and they will be every other month this year. If there is a need for one on an off month, you will receive a robo call. All of the Open Meetings are held at the Clubhouse, Lounge B, on Thursdays at 2:30 pm. The Board hopes to see

more residents attending. March 16, May 18, July 20, September 21, and November 16.

Executive Board Meeting dates to be determined.

As a reminder, please do not flush "flushable" wipes with having 50-year-old pipes. They become pitted inside and the wipes attach themselves which then can cause a clog.

The holidays in February include Ground Hog Day (2nd), Valentine's Day (14th), Presidents Day (17). February is also American Heart Month since heart disease is the leading cause of death in both men and women. Two easy changes that are so beneficial for everyone are 1) put down the salt shaker, and 2) add more physical activity to your day.

Looking forward to seeing more neighbors at our first 2023 Open Meeting on Thursday, March 16 at 2:30 pm in Lounge B. Stay healthy, safe and warm!!!

Section 4

By Irene Belinsky

Even though it's already February, we can still experience heavy snow and freezing temperatures. It's best to be prepared.

Please be aware of where your main water shut-off valve is outside your home. It should not be covered by anything and easily accessible. In freezing temperatures, such as we experienced in December, pipes can freeze. All hoses and sprinklers should have already been disconnected.

If you are leaving for any extended period, shut off the water and winterize the house. Leave all faucets open to allow for ice expansion. Keep thermostats set to 55 degrees.

During severe storms, we may experience power outages. Again, it pays to be prepared with batteries, charged phones, prescrip-

(Continued on page 10)

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Section 4

(Continued from page 9)
 tions, and food. Also check on any elderly neighbors who are living alone to make sure they're OK.

We'd like to bring to your attention the JCP&L web site for a variety of savings available to you. This is something we should all take advantage of as our homes are completely electric. https://www.firstenergycorp.com/save_energy/save_energy_new_jersey.html. Choose "For the Home" where you will find appliance rebates (\$200-400+) per appliance, Appliance Recycling, Energy Efficiency Kits, a Home Energy Analyzer, and many other programs. Also, if you register with your account number, JCP&L will send you a package of free light bulbs and a surge protector. We can always use these.

Before you know it, spring will be with us. Your Board of Directors is starting to get ready for it. We'll be doing a walkthrough of the entire Section in early March to review and examine all our homes for roofs, driveways, gutters, etc. to see what work needs to be done going forward.

Trash – another reminder – we have placed white lattice borders around the Comcast cable boxes in most of our Section to make them more esthetically pleasing. These are NOT trash receptacles and why anyone

would think that and dispose of trash there is truly astounding – in particular bags of dog poop. This brings us to another sore point which has generated many complaints from all residents throughout the community. Dog owners who walk their dogs and DO NOT pick up after their dogs are telling all their neighbors that they do not respect them. And this is just plain nasty. It's surprising we have residents who do this, but sadly we do.

Also keep in mind the trash bins for the apartment buildings are strictly for use by those building residents, not the neighbors. Neighboring homes need to put their trash curbside on Wednesday mornings. Bulk items can be picked up by the Monroe Recycling Center by appointment.

We currently have one opening for a Director on our Board. If you would be interested in being a Board member, please email belinskyirene@gmail.com. Some main responsibilities would include: monitoring our work-order number once a week, voting on expenditures and/or actions to be taken, planning special Section events, reviewing and deciding budgets, meeting once a month for the Board and once every other month for our open Section board meeting.

Our "Open" Board Meetings for Section 4 this year will be as follows. All meetings will begin at 7 pm in Lounge A in the Clubhouse. We hope to see all of you there: March 23, May 25, July 27, September 28, November 30.

And sadly, we want to express our deep condolences to friends and family for the passing of one of our long-time residents, Martin Mandel of Corylus who passed away at the end of December. Marty was at one time President of the Section 4 Board of Directors and contributed greatly to our community for several years. He will be missed.

Section 5

By Fran Hecht, President

February is a month of hearts. Some are big red velvet ones from Godiva, others are the important ones inside of us. They have been broken, fixed, or replaced. Let's take care of them and easy on the Godiva.

We had our first open Section meeting on January 17. Our board is working on big problems that have arisen over the years. The cul-de-sacs are being put on hold due to the big trucks running over the edges of the bricks. The board is looking into gutter guards. There is a lot involved with this decision.

I sat in on our Presidents' Council meeting. They talked about main shut/off valves. The rule is a 2 foot square around the main valve must be clear to access in case of a problem. The Section needs to mark off every unit so we can install a hood box

over the area. Problems have risen and must be tackled now.

In February, some residents will be thinking about home improvements. Please check with the office or board before any work is to be started. A new state law for builders and fixer-uppers states that their name, address, and license number must be shown on the truck (door or side). These companies without this info are considered unqualified. Either they have no license or insurance to cover any accidents. If you or your neighbor have any damage, the board or CCA is not responsible. The office is trying to curtail those who are unqualified. The board has the right to enter a unit if we feel something is wrong or we are not informed of any work being done on a unit.

No meetings are scheduled for February. Our next meeting is Tuesday March 21 in Lounge B at 6:30 pm. Hope to see all of our unit owners.

Sweet thoughts to all celebrating a birthday or anniversary in February. My sweetie is on Valentine's Day.

**Stay well,
 Fran & Cupid**

Section 6

Hilltop Village

*By Bernice Fitzgerald
 Section 6 Co-President*

Hello Neighbors...
 We hope that you are all enjoying this relatively mild winter thus far!

The Board would like to welcome Lisa Gessert as our new Recording Secretary. We thank Lisa for stepping up and volunteering her time to help with our Section. We know Lisa brings a great deal to the table!

The Board would also like to thank Joe Mazzola for his continued assistance with our siding project. Although Joe is not on the Board, he has continued to provide his expertise with this project. It is help from residents like Joe and Lisa who volunteer their time for the benefit of all Section 6 residents that makes our Section great!

We have completed three buildings in our siding project so far – a double, triple and a quad. This equates to nine individual units. We have slated 13 buildings to be completed in 2023! The order of the buildings being sided has been solely determined by a lottery system. Every building was put into a jar and drawn by a non-board member. The buildings slated for 2023 are:
 162A, B, C Kalmia
 164A, B, C Kalmia
 167A, B, C Laurel
 178A, B Mimosa
 179A, B, C Mimosa
 190A, B Newport
 191A, B, C, D Newport
 193A, B, C Newport
 197A Newport
 199A Newport
 203A Newport
 173A, B, C, D Warren
 174A, B, C Warren

The above is not the order

(Continued on page 12)



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February — Lifestyle Events and more ...


Krystal Graves , Lifestyle Director • Susan Schovanec, Lifestyle Assistant
Lifestyle Department Hours: 9-5pm — 609-655-5760
All events are subject to change.

February Movie
 Clubhouse Ballroom
 February 7th—1P
 February 10th—7P
 no reservation required



BLACK HISTORY MONTH

Hidden Figures is an American biographical drama film about team of female African-American mathematicians who served a vital role in NASA during the early years of the U.S. space program.

Join us for a seminar on Tax Inheritance!

This is the tax that nobody wants to talk about but will affect all of us. A representative from the State of New Jersey Inheritance & Estate Tax Branch discusses the role of an executor or administrator, types of beneficiary classes, filing requirements, how to obtain waivers, and important information you should know, followed by a Q & A session. Bring your pens and notepads!

Date: March 1st
 Location: Clubhouse Ballroom
 Time: 2—3P
 no registration required



CLUB FAIR

Monday, March 6th
4-8P in the Cultural Center

Meet all the clubs & groups that Clearbrook has to offer. Meet your neighbors, get involved, learn a new skill, get creative, get active or find a fun activity to get enrolled in!

GET INVOLVED

Clearbrook Cultural Center
THURSDAY MARCH 9TH @ 7PM
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WINE GLASS PAINT PARTY



The Garden at Monroe is back and this time we will be painting wine glasses!

Date: March 10th
 Time: 7P * Cost: \$10
 Location: Clubhouse—Lounge A
 registration begins February 13th

Sponsored by:
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MIX & MINGLE

Whether you are single & looking or want to make new friends, please join us for our Mix & Mingle event. There will be music, dancing and lots of mingling!

DATE: MARCH 25th
 LOCATION: Clubhouse Ballroom
 TIME: 6-10P * Cost: \$5
 BYOB—light refreshments will be served
 registration begins February 27th

CCA Open Board Meetings for 2023

All Open Board Meetings are at 700 p.m.

Wednesday, January 25	Clubhouse Ballroom
Wednesday, February 22	Clubhouse Ballroom
Wednesday, March 29	Clubhouse Ballroom
Wednesday, April 26	Clubhouse Ballroom
Wednesday, May 24	Clubhouse Ballroom
Wednesday, June 28	Clubhouse Ballroom
Wednesday, July 26	Clubhouse Ballroom
Monday, August 7	Annual Meeting (Election Day)
Wednesday, August 23	Clubhouse Ballroom
Wednesday, September 27	Clubhouse Ballroom
Wednesday, October 25	Clubhouse Ballroom
Wednesday, November 15	Clubhouse Ballroom
No Meeting in December	

Work Sessions take place the second Tuesday of the month. All meetings are subject to cancellation.

Clearbrook Grocery Bus

The grocery bus runs on Thursdays. Pickups start at 9:30 am and go throughout the community. To reserve your seat, you must call the Activities Department. **NO LATER THAN 2pm the day prior** to the day you want to go.
609-655-5760

Please look for eblasts regarding activities the Activities Department is putting on. Also, Channel 26 and the Clearbrook Website continue to be a great resource for information to keep you up to date.

Community Information

Health Care Center Open 24 Hours, 7 days a week

Phone Numbers To Know

Administration	9 a.m. - 5 p.m.	655-2706
Lifestyle Dept.	9 a.m. - 5 p.m.	655-5760
Health Care Center	24 Hours	655-5888
Maintenance	8 a.m. - 4:30 p.m.	655-5890
Main Gate	24 Hours	655-5891

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Section 6

in which the buildings will be sided. That will be determined by the siding contractor.

Please be advised that under no circumstances should anything be nailed to the siding. If someone nails anything to the siding, the Section will issue fines and the unit owner will be responsible for the cost of the repair and/or replacement of the damaged siding. This is an extremely expensive project, and every unit owner holds responsibility to ensure the siding is not damaged.

Additionally, if any unit has trees and/or oversized bushes within their three-foot bed that could impede the installation of the siding, they will be required to have these removed at their expense. If the unit owner fails to do this, either the Section will have it removed and the cost levied onto the unit, or the building will be skipped and the next building in line will be done.

The Board cannot express enough the importance of using safety when walking. We have had several close calls. Wear reflective clothing and carry a light.

We would like to welcome all our new residents to Section 6! Please follow any important updates on Channel 26 and we hope to see you when our open meetings resume in April!

The Section has established a Hot Line number for all residents to call. NO ONE SHOULD BE CALLING A BOARD MEMBERS CELL PHONE DIRECTLY. Please use the Hot Line number – 732-573-8473. Board members will no longer be answering their cell phones for residential calls.

Stay warm and safe!

Section 8

Hampton Village

*By Liz Strazza
 Vice-President*

Welcome to February 2023! Good things happening...

The Section 8 Holiday Party was a huge success despite last minute dropouts due to the inclement weather and an increase in the flu and colds. Scotto's served a delicious four-course meal and the Board provided excellent desserts. There were holiday raffles and spirits and everyone enjoyed themselves. Friends and neighbors were happy to share in the festivities. You are all encouraged to make this community more inclusive by joining in the fun.

There are four General Section Meetings every year and we encourage all residents to attend. Below are the dates, so please mark your calendars. All are held from 7 to 9 pm in Lounge B.

- Wednesday, March 15
- Wednesday, June 14
- Wednesday, September 20
- Wednesday, November 15

Home Improvements

If you are planning on

having any work done to your units, please be sure to inform the Section 8 Board and the CCA Administration, in writing with the required forms, plans and permits before start of any work. Also, if there is a need to use dumpsters, DO NOT have any put on the driveways before informing and having an inspection done with the Section Board representative.

Maintenance Requests

If you have maintenance requests, please fill out a Section 8 - Work Assignment Sheet. Unless it is an emergency, please do not call because we do not want verbal requests. We use the Work Assignment Sheet as an audit trail. These forms are now located in the file room of the Administration Building - on the right hand side in the center cubby. They can also be returned to the same location. The form is also available on the Clearbrook-NJ.com website. You need to LOG-IN, (if you don't have your password information, log on and follow the prompts). Then go to CONTACTS. Once there, go to SECTION 8, then scroll down until you see the RED BUTTON. Click on this button to view and print the Work Assignment Sheet.

(I put this in every month, for our new residents or just in case you misplace the directions to access.)

Note from CCA Administration Office:

For those of you who are leaving the community for an extended period during the winter season, please complete the Winter Residence Form. It's published in the Courier, available at the Administration office and is on the website portal as an e-form.

Please complete the form online or return it to the Administration Office before your departure. This information is required in order for you to receive the Section Election Call for Candidates, to calculate occupancy for Monroe Township and most importantly, for the office to have in case of emergency.

Get Well Wishes to Anne Fedor who we hope is on the road to recovery!

Welcome to New Residents

- Grace Nkwodimmah of 274C Convent Rd.
- Joan Hoppel of 276A Convent Rd.
- Keith and Deborah Hoffman of 298B Yardley Dr.

Notes from the President

With the cold weather many folks have plumbing issues. If your bathrooms are backing up or not draining or you have no heat/hot water, etc, do not call the Board members. Here is the process for anyone experiencing plumbing / hot water heating issues within their unit. Call a plumber. Below are three names of plumbers the Section has

used in the past. Anytime Plumbing in Jamesburg, 732 390 9955 or 732 238 8788, Redline Plumbing, 732 616 7260 or Plumbing Solutions, 609 490 9774.

If, and only if, the plumber is unable to clear the problem, then you may call the Board.

Please remember to put your cars in the garage if the forecast is snow. The snow removal vendor will not clear your driveways if the car(s) are parked in the driveway. Also, remember that the CCA provides calcium chloride pellets that you can pick up from either the Admin building parking lot or the Cultural Center parking lot to protect your driveways from icing. Please do not use sodium chloride, because it invalidates our driveway warranties.

When walking your dogs, please remember to pick up after them, especially in the common areas. Additionally, when you see garbage in the streets, please take the time to pick it up and place it in a garbage can. Let's keep our streets and neighborhood clean!

Have a happy, healthy and prosperous new year!

**Respectfully submitted,
 Melody Henry, President
 Hampton Village
 Section 8**

Please take a moment to review all Clearbrook and Section 8 Rules and Regulations, so you are an "informed" resident!

Best Wishes to all celebrating birthdays and anniversaries this month.

Keep love in your heart and "Celebrate Everything!"

HAPPY VALENTINE'S DAY!

Section 9

Kensington Village

By Marie Service

Happy February everyone! Now that all the holiday festivities have passed, I'm hoping to spend some time to think about taking on new hobbies or planning trips and outings this spring, hoping our weather will cooperate with us.

There are many events and activities here at Clearbrook going on as per our calendar in The Courier, VOC channel 26, and in our emails. However, I don't have much Section news this month to report.

Our holidays this month: February 1 is the first day of Black History month

- February 2 is Ground Hog Day
- February 14 is Valentine's Day
- February 20 is Presidents Day
- February 21 is Ladies of Section 9 luncheon
- February 22 is Ash Wednesday

Please "save the date" March 21 for the Ladies luncheon and the 23rd for the Section meeting. More details in next month's issue.

Good wishes to all who celebrate their birthdays and anniversaries this month.

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Section 12

By Jerry Sperling

Hi Section Twelvers, Jerry here with so little space and so much to say! Let's start off with this: Some dog walkers are at it again! I keep seeing those 12-foot, retractable leashes on your pets, and you are only allowed a 6-foot leash. Come on, let's obey Clearbrook's rules and regulations!

The snow plows and shovellers are not required to do your driveways or walkways unless there is more than two inches of snow on the ground. Keep ice melt on hand in case of a little snow. Also snow melt is available at the Clubhouse and Cultural Center.

If you plan on having any work done on your unit please contact this Section board and administration to fill out the proper paperwork. Dumpster requests need to be approved by the Section board and are allowed for two weeks. If needed longer than two weeks it must be approved by this board.

We need volunteers to help us, if you would like to volunteer, please contact Beverly Eskra at 908-208-4851 or Rosemarie Stuppiello at 732-207-4127. The next Section 12 Open Board Meeting will be held on Monday, February 6 at 7 p.m. in Lounge A in the clubhouse, hope to see you there!

Flash, our own Roland

Jopling bowled a perfect 300 game in a No Tap Bowling competition last December at Knob Hill Alleys! Way to go, Roland!

Section Twelvers, for the New Year please stay safe, mask up when out and about because Covid, the flu and RSV are highly contagious. Have a very Happy Valentine's Day, Jerry!

Section 14

Oxford Village

*By Grace Makuch
Clearbrooksection14@gmail.com*

Welcome new Section residents. If you have any questions you can email to the above email address to... Grace Makuch who will be happy to assist you. If you are on Facebook Clearbrook residents have their own site. It's under Residents of Clearbrook Face Book Page. This is a great site that will be helpful to you. On Clearbrook's official web site, www.clearbrook-nj.com you can learn many things like who is on your street and events that are happening and more.

Happy Valentine's Day to all Clearbrook residents. Clearbrook is a community where people come to enjoy life. We have so many events and things to do. February is a time to reflect on LOVE and CARING. I have noticed so many residents assisting neighbors in need,

like taking out and in the garbage bins, or calling them if they are not well. Many residents have been living in this Section 30 years or more. As we grow older we all want to do things for ourselves, but sometimes I notice when I'm not feeling well it's nice to know I have people I can call to be there for me.

We all want to be independent, that's a good thing. It's not easy to feel that way if we are feeling under the weather. It's ok to ask for assistance. When you feel like you're coming down with a cold or ill, contact a family member or friend, so they can call you to make sure you are feeling ok each day. If they live close they may want to come and bring their famous chicken soup. Let the nurse know if you are very sick, she can call for help if needed. Let your neighbors know you're not well. Let them know where you keep your emergency phone numbers. Keep a list of your primary doctor handy and the hospital of your choice. You may be thinking, you don't want to bother them they have issues of their own. In an emergency they can get to you the fastest. Everyone wants to help a neighbor.

If you are planning to adopt a pet, review your age and the age of the pet you want to adopt. Example a cat can live 20-plus years. If you are 70-plus will the cat out

(Continued on page 14)



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Section 14

(Continued from page 13)
 live you?

A dog's average is 13 plus and the same goes here. Think of your age and the pet's age, I'm sure you don't want to have your loving pet have to find a new home after you are gone.

Living in any retirement development is different than owning your own home in a city. When you buy a home in a city you own some of the surrounding property. In a retirement development you only own the inside of your residence. The property belongs to the development. Clearbrook is getting an average of seven or more new residents a month. Many ask about making changes in their property area. You can make changes in your 3-foot area. You may plant pre approved bushes, check with your Section board for the list. If you have questions of any kind, each Section has its own board of volunteer, friendly Section residents to help with your Section budget, finances, rules, etc. Each Section has different rules and regulations because the sections were not all built at the same time. If you plan to get a dog, check to see how many your Section allows.

Monroe has everything for seniors close to home. Medical building with a large variety of doctors in one building. A few radiology groups in a short driving distance. A few pharmacies to choose from. Monroe has a large variety of Senior Developments with many options of your choice, making this area one of the fastest growing towns.

Monroe also has a high rate of car accidents with people over 80 years old. As we get older, our bodies may not be as healthy as before. Our minds get tired faster and the reflexes take longer. Every person wants to drive, teenagers can't wait to drive themselves to school. Adults drive every day to and from work. When people retire

they can't wait to drive to a special vacation place. So when we reach 80 we see nothing wrong in getting in the car and going to the store, doctors office, etc. No one wants to ask friends and family for help. Everyone is busy with their own lives, working, taking care of the family, etc. So what is a senior to do? There is help out there, talk to neighbors, friends, family and your Senior Center. Let them know what your needs and concerns are. What type of help you need to live on your own, but without a car. Not being able to drive for a variety of reasons does not change the person you are. When a person drives when they are tired, not feeling well, it can cause an accident. You don't want to hurt yourself or anyone else.

Section 15

Pickwick Village

By Sandra Stark

"Do something today that your future self will thank you for." **Sean Patrick Flanery**

"Do things for people not because of who they are, or what they do in return, but because of who you are." **Harold S. Kushner**

Each monthly column allows this author to research quotes of affirmation, neighborly love and gratitude. These two seemed prescient for this upcoming Valentine's Day.

IMPORTANT: Residents/ Owners Meeting

Thursday, February 9 at 7 pm in the Clubhouse Multi-Purpose Room.

OPERATIONS

Vinyl Fencing: Repairs to the gate of the 538 Berberis Plaza and post of 542/543 Berberis Plaza dumpster enclosures have been completed. The fence dividing the patio areas between 545A&C Ardmore Road has been reset. Proper maintenance of all vinyl fences is imperative. If you see an issue, please notify the Section president.

Drainage: Flooding and drainage is a common prob-

lem throughout the entirety of Clearbrook. The Section 15 Board of Directors is well aware of a few serious issues and is working toward resolutions. The pooling of water on side, front or back yards is low priority. Our major concerns involve improper drainage that impacts parking lot and street areas which may cause ice accumulation. **REMINDER:** Be careful in all parking areas, sidewalks and driveways this winter season. Be sure to bring a container with you to pick up salt from the bins located at the Cultural Center or Clubhouse.

Landscape Committee: We're anxiously waiting for spring!

CAPITAL IMPROVEMENTS

Vinyl Siding: The Board is currently compiling estimates for vinyl siding. We have a total of 20 buildings, and one has been completed. The siding program is expected to take a number of years.

Concrete: In 2022 the Board arranged for the replacement of eight driveways and dangerous or damaged sidewalks. An evaluation for concrete work to be done in 2023 will be completed by mid-summer.

Please note the contact information for the Section President: Sandra Stark at 908-938-0798 or by email: starkc21@aol.com

Happy Valentine's Day!

Section 16

By Maria Petro

Happy February to all Section 16 residents.

The Board would like to remind everyone that we live in a condo association and there are rules to follow. We may not all agree with or like them but they are there for the general wellbeing of all who live here. Below are some gentle reminders;

- All garbage cans must be kept in the garage unless at the curb for pick up
- The dumpsters are for the residents of the Devon and Cambridge units only!
- Overnight street parking is prohibited. Your car may be towed.
- Please pick up after your dog.
- When parking on the street, do not block the mailboxes. The postman will not deliver the mail if he cannot access the boxes.

With winter upon us, please check the website or the Courier for snow removal procedures. Driveways will not be cleared if you leave your car there. You can move it to the Cultural center parking lot before the snow arrives.

January was a relatively quiet month with not much going on. There weren't any major issues.

Our POT LUCK DINNER is scheduled for Sunday February 19. It will be in the Clubhouse Lounges A&B. You should have received the flyer in your mailbox by now. You can bring any type of dish you desire but you must

(Continued on page 15)

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Section 16

(Continued from page 14)

call one of the committee to let us know what it is. We will be keeping a list so we don't have too many duplicates. This will be a fun way to get together for some food, fun and a way to meet new people and catch up with old friends. Please call and join us for the afternoon!

Feb 14. Valentine's Day
Feb 20, Presidents Day
Feb 22. Ash Wednesday

Have a great February and let's look forward to spring!

Section 17

By Holly Ives

Not that I am counting down (I am) but when you receive this issue, there will be only 48 days until spring! And did you know you can check the Courier on the CCA website? It is often available before the 1st of the month.

It's a new year so it is time to mark your calendars.

Our dates for Open Board meetings are :March 15, April 12, May 10, June 14, July 12, August 9, September 13, October 11, November 15.

All are on Wednesdays from 2pm-4pm in the Conference room at the Clubhouse.

Our dates for Section 17 meetings are April 20, May 18, September 21, October 19

All are on Thursdays from 7pm-9pm in the Cultural Center.

Section news: *Recently our board voted Patricia Czerwinski to fill a vacancy. Welcome, Pat!

*Gutter cleaning has been completed.

*The last 13 units for dryer vent cleaning will be scheduled.

Please remember when you are having (1st time) guests or contractors visit:

*Program '1 Clearbrook Plaza' into their GPS or they will end up at the gate nearest your home.

*Remind them of the 25 mph speed limit throughout

the community and to stop at ALL stop signs.

*Please do not park opposite any driveways or in front of mailboxes. (Mailman will not deliver!)

*There is no overnight parking on the street. (You can have your guest park in your driveway while YOU park overnight in the Cultural Center lot.)

Holidays for February, which is American Heart and Black History month: Groundhog Day (2), National Women Physicians Day (3), National Pizza Day (9), Super Bowl (12), Valentine's Day (14), Random Acts of Kindness Day (17), Presidents Day and National Love Your Pet Day (20), Mardi Gras (21) and Ash Wednesday (22). (2024=Leap year)

Happy Birthday to all born in February under the signs of Aquarius and Capricorn, especially Nancy and Bob Scheid. Anniversary wishes to those celebrating and get well wishes to all.

Short month...short column!

Section 18A

Stuart Village

By Marianne Ippolito

Hello again, Section 18A friends and neighbors. As I write this month's article I can say we have been fortunate with regards to weather here in Central New Jersey. Our sunrises and sunsets have been spectacular. No snow to speak of and the amount of rain may ensure that our lawns are healthy and green come spring. Then again today is actually Friday the 13, so I hope I did not jinx us!

Some of us have been spending a good deal of time at home and may be in the planning stages of home improvements. Before you take on projects, please go to the Clearbrook website and review the various applications and requirements for specific work to be done in your home. Once you log onto the site, on the left hand side in blue you will find a Section

that states "Forms and Regulations." Here you will find all information including requirements for forms, applications, permits required from the township, etc. Our Section Board can assist with submission of forms to ensure that you are compliant with rules. Any contractor performing work must be licensed and insured. In addition to unit modifications, the site provides landscaping, street light outage and utility box forms. Like my dad always said, "Measure twice, cut once." Rules can be frustrating sometimes, but their intent is to protect you and your home.

Although days are getting a bit longer, please continue to wear light or reflective clothing while walking or biking in the community. Some of our activities have been moved indoors for the time being to enable us to take advantage of all Clearbrook has to offer. Check out the calendar of events at the end of this publication as well as our local library and Senior Center on Applegarth Road.

Have a safe and wonderful February. Wishing you lots of love. March will be here before we know it!

Contact List

- Unit issues
- Sharon Monchinski, 609 655 3033
- Dryer Vents Myra D'Agostino, 609 619 3201
- Power Washing Josh Jacobs, 646 606 4876
- Gutters Josh Jacobs, 646 606 4876
- Grounds
- Bill Hamlin, 908 358 2253
- Josh Jacobs, 646 606 4876
- Trees
- Mike Shinkle, 609 655 8619
- Winterization

(Continued on page 16)



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NJ Realtors® Circle of Excellence - 2013-2019
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Cell: 732-245-4440
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Hi, neighbor! Recognize the house?



If it looks familiar, that's because it's right here in Clearbrook. If you also recognize the guy in the picture above, it's because that's me, the owner of the property and YOUR NEIGHBOR!

So, if the time comes when you are interested in selling your home, or having a friend or family member move into our neighborhood, remember I am right here in Clearbrook to help!

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**Realtor Barbara Spies
Resident of Clearbrook!!!**

Hope everyone is beginning the New Year with Happiness, Good Luck, and most of all, Good Health. There are probably many things we need to accomplish in 2023 that we didn't do in 2022. Selling your home might be on your list and it is not always something we like to do. Change is hard for everyone and sometimes hard to avoid, but it must be done nonetheless. If you are looking to move, I can make your move an easier process to go through. If you need help, I can guide you based on my years of experience and provide testimonials from satisfied customers. Please give me a call at 908-337-3633 and let me assist you in finding or selling your home.

Keep safe and warm this winter!

Happy Valentine's Day!!!



Barbara Spies
Sales Associate

908.337.3633 Cell
908.233.5555 Office
Email: spiesbar@gmail.com
www.barbaraspies.com

Section 18A

(Continued from page 15)
Myra D'Agostino
609-619-3201
Roofs Walkways Driveways and Drainage
Joe Manzo, 732-900-6936

**Section 18B
Tudor Village**

By Kay Neu
I know this is the February Courier but can one month of 2023 be history already? Hope all had a happy holiday. I think the decorations were especially beautiful this season.

It is with sadness that I announce the passing of four residents, all actually residing on Azalea Plaza: Ansa Nadler, Jack Silver, Ella Topal and Joe Ghignone.

February comes from the Latin "to cleanse". Februaia was a Roman festival of purification and atonement which lasted one month. Wednesday, February 2 is Groundhog Day which is also the mid-point between the December winter solstice and the spring equinox in March. Valentine's Day is Tuesday the 14th. February is African-

American History month. I hope you had a chance to read President Andrew Cappa's Holiday Letter, with a recap of work done in our Section: removing additional diseased trees, seeding and replanting in many areas. Along the fence by Pompton Road we planted trees and added additional other plants to improve the appearance. A 3-foot wall was rebuilt on Zinnia Plaza, a new fence built at the quads on Sewell and several damaged walkways repaired. As we do each year, gutters were cleaned twice.

Treasurer Bethel Sage included her 2022 financial report and an insurance form for new residents to verify coverage. As reported last month, Section 18B's 2023 total monthly maintenance is now \$400.

Section 18B Open Meetings for 2023 are all Tuesdays and as follows:

- March 21
- May 16 (Pizza Party/Election)
- July 18
- September 19
- November 21

With many temperatures in the sixties recently, I just wanted to include a last reminder to remove hoses from outdoor spigots, leave them open and shut off the water inside. Neglecting this, home owners will be responsible for pipes that freeze and crack. The January Courier again published an all-

inclusive article on snow procedures. The January Courier also published a form (Page 14) for individuals who plan to be away from the community this winter for any length of time. Please complete and return to Administration, including information as to your winter address, emergency contact and telephone number, and location of keys to your home.

If you are planning any renovations to your unit, please submit a modification request which can be found on the resident webpage or from Administration, along with plans, permits (if required) and license and insurance proof for contractor. If you will need a dumpster, please notify the Section. Also, if you hire a plumber, electrician for small jobs, please make sure they carry insurance and a license. Contractors that do not do a proper job can cause you additional expense.

JCP&L currently has a program for rebates on Energy Star certified equipment such as dryers, washers, heat pumps, HVAC equipment. Complete details can be found online at JCP&L appliance rebates, including the application and a list of participating Energy Star dealers.

I can't change the direction of the wind, but I can adjust my sails to always reach my destination. Jimmy Dean

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Community Center
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Room 101
FEBRUARY 9, 7:00PM

February at the Monroe Township Public Library

The Library's hours are Monday through Thursday: 9:30 a.m. until 9:00 p.m., Friday 9:30 a.m. to 5:00 p.m., Saturday and Sunday 10:00 a.m. to 5:00 p.m. at (732) 521-5000.

Author Talk: Rich Polk

Tuesday, February 7 at 2:30 pm

Rich Polk will discuss his latest book, "Burgess Falls", a historical novel that takes place in Tennessee in the 1800s. The author is a New Jersey resident. This program is held in person. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Caregiver Support Group

Wednesday, February 8 at 11:00 a.m.

A Caregiver Support Group meets at the Library monthly on the second Wednesday of the month. Kat Verdi, Certified Alzheimer's and Dementia Care Trainer, of The Gardens at Monroe leads the group. Her mission is to educate, empower and encourage caregivers. All are welcome. This program is held in person. Registration is not required. Sponsored by The Gardens at Monroe.

International Film Discussion

Thursday, February 9 at 2:30 p.m.

Hosted by the Friends of the Monroe Township Library. The film for February 9th is "Peace by Chocolate", a Canadian film about a charming young Syrian refugee caught between following his dream and preserving his family's legacy after the bombing of his father's chocolate factory.

Films are available to stream for free on Kanopy, accessible with your library card online at <https://monroetw.kanopy.com>. The discussion is virtual and will be held via Zoom. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000 to receive the link to the Zoom meeting.

Virtual Author Talk:

Lana Harper

Thursday, February 9 at 7:00 p.m.

Join us for a magical evening with New York Times bestselling author Lana Harper as she discusses the enchanting third installment of her immensely popular The Witches of Thistle Grove series, "Back in a Spell". This is a virtual program. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/author-talks or by phone at (732) 521-5000.

"Schools for the Colored" Historical Photographs

Friday, February 10 at 2:00 p.m.

Join us for a lecture on Zoom with Wendel White, an award-winning photographer and distinguished professor of Art and American Studies at Stockton University. Professor White will discuss his-

torical photographs of locations and buildings where schools for the colored stood within southern New Jersey, Pennsylvania, Ohio, Indiana, and Illinois. These images represent the architecture and geography of America's educational apartheid as part of the African American experience in education. This program is part of a series of library events in honor of Black History Month. This is a virtual program. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000. Please provide a valid email address to receive a Zoom link to the event.

Scrabble Club

Tuesday, February 14 at 3:00 p.m.

Come in and join us for some casual, non-competitive, rounds of the timeless board game, Scrabble. We will try to place attendees around the same skill level (beginner, intermediate, expert) or based on average score. Feel free to bring your own board, or use one provided by the library. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Virtual Author Talk:

Grace M. Cho

Thursday, February 16 at 1:00 p.m.

Please join us for an insightful chat with award-winning author Grace M. Cho as she discusses her memoir, "Tastes Like War". Grace M. Cho grew up as the daughter of a white American merchant marine and the Korean bar hostess he met abroad. They were one of few immigrants in a xenophobic small town during the Cold War, where identity was politicized by everyday details—language, cultural references, memories, and food. This is a virtual program. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/author-talks or by phone at (732) 521-5000.

York and the American Dream

Friday, February 17 at 2:00 p.m.

This is a live performance by professional actor Marvin Jefferson. Mr. Jefferson portrays York, the enslaved person of William Clark of the famous Lewis and Clark Expedition. York served as an "unofficial" member of the Corps of Discovery and was instrumental in the expedition's eventual success. Come and hear his story. This program is held in person. Registration is required. Register at the Reference Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Climate Change in New Jersey

Saturday, February 18 at 11:00 a.m.

Citizens' Climate Lobby will present the impact of

climate change in New Jersey, federal legislation to address climate change and opportunities for people to learn more and get involved. Sponsored by the Monroe Township Environmental Commission.

This is a hybrid program. Join us via Zoom or in person. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.



Snow Clearance Procedures



All Snowstorms:

During all snowstorms the following snow clearance procedures will be followed. As per contract, during typical storms (15 inches or less), snow should be cleared from all driveways and walkways within 24 hours after a snowfall concludes. In the event of a larger snowstorm or blizzard conditions, clearance may take longer—at least 48 hours from the time the snowfall stops. Clearance of snow/ice *will not* take place in the community unless the accumulation reaches more than two (2) inches.*

* When snow and ice accumulation is less than 2 inches, the Snow Contractor shall, upon authorization from Association's management, commence with the tipping of driveways (clearing of the snow/ice from the bottom of the driveways).

Preparation Prior to an Upcoming Snowfall:

The Association takes the following steps in anticipation of severe weather conditions:

1. The General Manager and the snow contractor's Operations Manager are in constant communication with each other to determine the best time to call the snow contractor to send its crews to the Property.
2. The General Manager makes a determination based on the type and amount of snow predicted and the current temperature on whether or not to salt our roads.

Staff/Equipment:

The current CCA snow contractor has the following on site at the beginning of a snowstorm:

1. 40 to 50 laborers with shovels and snow blowers
2. 8 to 10 pick-up/dump trucks with plows
3. 12 to 15 front end loader type tractors for driveways

Plowing of Roads:

Once the snow reaches a depth of two inches, the plows begin to clear the snow from all the roads in Clearbrook. This includes:

1. Streets
2. Cul-de-sacs
3. Entry Roads (main, north and east gates)
4. Maintenance Service Road
5. Path in the Clubhouse Parking Lot
6. Path in the Cultural Center Parking Lot

Snow Removal Procedure

After the Snowfall Ceases:

Once the snow stops, all roadways will be cleared 12" from the curb on each side of the road except where mailboxes, driveways, storm drains and fire hydrants are located. Driveway and walkway clearing will also begin when the snowfall stops.

The community is divided into five areas, each area worked by a different team for the snow clearing process. Teams are rotated throughout the season to start in different sections.

Coffee and a Book

Tuesday, February 21 at 11:00 a.m.

Read and discuss "The Sweetness of Water: A Novel" by Nathan Harris, a profound debut about the unlikely bond between two freedmen who are brothers and the Georgia farmer whose alliance will alter their lives. Join us via Zoom or in person. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Boheme Opera NJ Performance: Madama Butterfly

Wednesday, February 22 at 1:00 p.m.

Boheme Opera NJ visits Monroe Township Library with a lecture performance exploring the origin story behind Puccini's "Madama Butterfly". Sponsored by Monroe Township Cultural Arts Commission, this performance lecture will focus on the origins and story behind one of Puccini's most famous op-

(Continued on page 18)

All snow is cleared from the following:

1. All walkways at apartment complexes, Devons, Cambridges and all sidewalks to individual units including the front door to the garage door across the atrium for Braeburns.
2. All primary entrance walks at main entrance, Clubhouse and Cultural Center
3. All driveways and parking lots throughout the community, including the Clubhouse and Cultural Center
4. All dumpster areas, fire hydrants, mailboxes and storm drains
5. All breakouts leading from sidewalks to roads

Once all areas are completed, follow up will be performed as needed on missed or problem areas.

There **will be no special consideration** for working residents, residents leaving on a trip or residents with doctor's appointments not deemed a medical emergency.

** Driveways will not be cleared of snow if a vehicle is parked on the driveway. The only exception to this is if a driveway is shared by two owners. We do ask that the owner with a vehicle on the driveway park as close to the opposite side of the driveway furthest away from the other owner's side of the driveway.

Medical Emergency

Clearance:

Our Contractor will be handling all snow clearing for medical emergencies. The Health Care Center prepares a listing of the medical emergencies after verifying all appointments. Priorities for snow clearance for medical emergencies are *only* given to residents who have a *verifiable* appointment for one of the following:

1. Dialysis
2. Chemotherapy
3. Radiation therapy
4. Scheduled Surgery
5. Home Health Aides for the Seriously Disabled

Consideration will also be given to Meals on Wheels, Visiting Nurses and Hospice Teams.

Communications Protocol

During the Storm:

The protocol that Management will be following for all snow events is outlined below. Snow Clearance Procedures are also on the Clearbrook Website. You can view it by going to www.clearbrook-nj.com and logging in. Next, go to "Resources" on the main website menu and click on the "Documents and Forms" link. The snow clearance procedure is located under "Emergency Procedures" including "Snow Procedures" link.

• Once the snow stops, the snow contractor will communicate all Section plowing updates to Management. Upon receipt of the updates, Management will send out an email blast, update the website and post the updates on the electronic bulletin board (Channel 26).

These updates will also be communicated from Management to the VOC volunteers and broadcasted every three hours on Channel 26 until the VOC goes off the air.

- Management will continue to provide updates via email blast, the website and the electronic bulletin board every three hours until midnight, resuming the following morning.
- Per the snow procedures, residents should not report driveways or walkways missed until the section is complete. Once Management and the VOC have reported the section being complete, any missed driveways or walkways should be reported directly to the Administration office at (609) 664-5517. The missed driveway or walkway will then be communicated directly to the snow contractor. In addition, all emails concerning snow removal after a storm need to be directed to the following email address: snow@clearbrook-nj.com. DO NOT CONTACT THE GATEHOUSE, NURSES' OFFICE OR THE MAINTENANCE OFFICE. THE CLEARBROOK ADMIN OFFICE IS THE CENTRAL POINT OF CONTACT TO REPORT SNOW-RELATED ISSUES FOR SNOW OCCURRENCES DURING THE WEEK AND ON WEEK-ENDS.
- This process will be followed for snow events occurring Monday through Friday or over the weekend.

Advisory to Residents:

1. Prior to a storm, make sure you have adequate supplies: food, batteries, medications and a good book.
2. Residents should remain calm – your property will be plowed, and you will gain access from your home.
3. Watch Channel 26 or the website for updates from the VOC volunteers after the snow stops.
4. Do not report that your driveway or walkway was missed until the VOC reports that your area is completed.
5. Do not call the nurses or the gatehouse for snow information; they do not have information on the location of the plows. Their phone lines must be kept open for emergencies only.
6. Most important, be patient. Understand that during a snowstorm, the people running the plows and shoveling are trying their best to get the job done as fast as they can, working through the night and under extremely cold conditions.
7. For your safety, please do not stand behind any equipment as the operator cannot see or hear you. All snow-related resident communications should follow the protocol outlined above.
8. **If there is a real emergency – you must dial 911** –not the nurse or the gatehouse.

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Help & Health Services

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ANNA'S HOME CARE – Certified professional caregiver is looking for live-in/live-out job in Monroe Township. Experienced, references. Driver's license. Accepts long-term care insurance. Low prices. Private care option. Call Anna at (609) 917-4208 or (908) 337-7462.

EXPERIENCED IN HOME-CARE—Certified nurse assistant seeks part-time companionship position. References, background check, clean drivers license, also cooks. Contact Peggy at (609) 395-0141.

DO YOU NEED A CARE-GIVER? I have more than 10 years of experience. Please call (856) 394-0430.

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(Continued from page 17)
eras, Madama Butterfly. Highlights and excerpts will include Butterfly's arias, "Un bel di", "Che tua madre", and others plus the flower duet with Suzuki, Pinkerton's Act I aria, and others performed by three artists, a pianist, and narrator-lecturer. This program will be held in-person at the Library. Registration is not required.

Short Story Discussion Group
Thursday, February 23 at 2:00 p.m.
We will discuss "The Farmer's Children" by Elizabeth Bishop in The Best American Short Stories of

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the Century edited by John Updike and "Sister Hills" in What We Talk About When We Talk Anne Frank by Nathan Englander. This program is held in-person at the Library. Registration is required. Register at the Welcome Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

All You Need is Love Book Club
Friday, February 24 at 11:00 a.m.

Join our modern romance book group to discuss "The Sight of You" by Holly Miller. This is a hybrid program. Join us via Zoom or in person. *Registration is required for in-person participation. Register to receive the Zoom link.

Port Newark and the Origins of Container Shipping
Saturday, February 25 at 2:00 p.m.

Angus Gillespie, author of "Port Newark and the Origins of Container Shipping," takes us behind the scenes of today's active container shipping operations in Port Newark, talking to the pilots who guide the ships into port, the Coast Guard personnel who help manage the massive shipping traffic, the crews who unload the containers, and even the chaplains who counsel and support the mariners. Port Newark shines a spotlight on the unsung men and women who help this complex global shipping operation run smoothly. This program will be held in-person at the Library. Register at the Welcome Desk, on our website at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Black History Month Book Discussion
Monday, February 27 at 2:00 p.m.
Join us for a discussion about "A Most Beautiful

Thing: The True Story of America's First All-Black High School Rowing Team" by Arshay Cooper. Sponsored by the Friends of the Monroe Township Library. This is a hybrid program. Join us via Zoom or in person. Registration is required. Register at the Welcome Desk, on our website at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Cholesterol Screening
Tuesday, February 28 from 1:30 p.m. until 3:00 p.m.

February is American Heart Month. Check your cholesterol and take care of your cardiovascular health. Screenings provided by Saint Peter's University Hospital. Registration is required. Register at the Welcome Desk, on our website at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Device Advice
Need one-on-one tech help? Register for a 45-minute one-on-one session for assistance with your phone, tablet, laptop or any technology device, e.g. navigating our website and online resources, how to use an iPad, tablet, Kindle, smartphone, laptop or other device, download books and media onto your device, how to access your email account. Registration is required. Register at the Reference Desk, online at www.monroetwplibrary.org/calendar or by phone at (732) 521-5000.

Winter Reading Challenge
The 2023 Winter Reading Challenge is here! Read a book pertaining to a selected genre and enter a raffle every month to win prizes! January's theme is historical fiction, February is memoir/biography and March is science fiction. Submit your entry tickets at the Welcome Desk. Please provide a valid email address or phone number.

TO: UNIT OWNERS **DATE: 2022-2023**
FROM: DONNA GALINDO, GENERAL MANAGER **SUBJECT: WINTER RESIDENCE FORM**

We are asking all unit owners who are leaving the community for any length of time during the winter season to fill out the information requested below and **return it to the Administration Office before your departure.** This information is needed to facilitate important mailings during the season and for emergency purposes. Thank you for your cooperation.

NAME: _____ **SECTION #:** _____

CLEARBROOK ADDRESS: _____

DATE OF DEPARTURE: _____ **EXPECTED RETURN DATE:** _____

WINTER ADDRESS & PHONE:

STREET: _____

CITY: _____ **STATE:** _____ **ZIP CODE:** _____

WINTER PHONE #: _____ **ALTERNATE PHONE #:** _____

KEYS:

WILL SOMEONE BE INSPECTING YOUR UNIT IN YOUR ABSENCE? YES _____ NO _____

NAME: _____ PHONE: _____

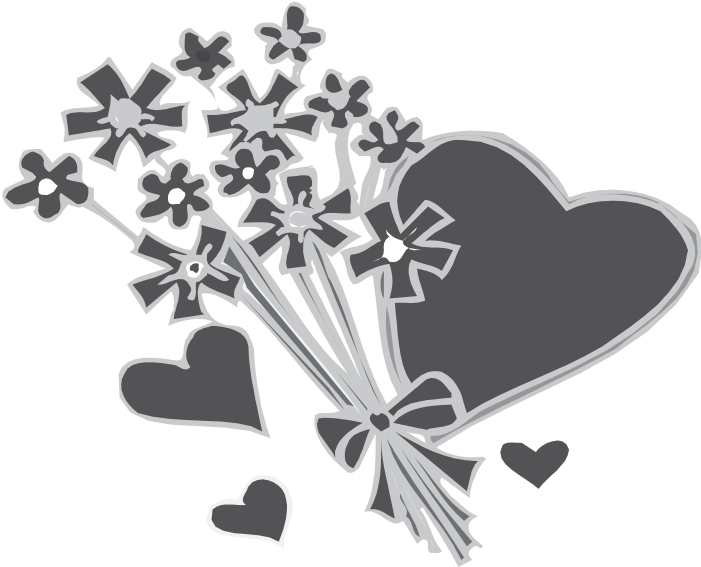







WILL THEY HAVE A KEY? YES _____ NO _____

DOES THE GATEHOUSE HAVE KEYS TO YOUR UNIT? YES _____ NO _____

EMERGENCY CONTACT(S):

NAME: _____ PHONE: _____

NAME: _____ PHONE: _____

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 10 am Men's Table Tennis CC 11 am Woodshop WS 1 pm Diamond Painting CER 1:30 pm Sec. 12 Board Mtg. CON 5:30 pm Cornhole CC 6 pm Stained Glass Class AS 7 pm Pinochle CER 7:30 pm Chinese Dance LB TRASH PICK UP/RECYCLING	2 9 am Ceramics Club CER 10 am Activities Comm. Mtg. MPR 10 am Current Events CON 10 am Women's Table Tennis CC 11 am Pool Comm. Mtg. CON 11 am Tap Your Troubles Away CC 11 am Woodshop WS 12:30 pm Dup. Bridge LA 1 pm Scrabble Games MPR 2 pm Blanket Making LB 3 pm Mandolin CER 6 pm Boomers Ticket Sales Super Bowl LB 7 pm Meditation CON 7 pm Stage Production CC 7 pm WS - Ladies Night WS	3 10 am Men's Table Tennis CC 11 am Woodshop WS 6 pm Boomers Board Mtg. CON	4
			5  9:30 am Ballroom Dance CC 10 am Men's Table Tennis CC 11 am Woodshop WS 12:30 pm Duplicate Bridge MPR 1 pm Fiber Arts CER 3:45 pm Yoga with Rama BR 6 pm Stained Glass Class AS 6:30 pm Billiards Clinic BIL 7 pm Ballroom Dance CC 7 pm Sec. 12 Open Mtg. LA	6 9 am Stained Glass Class AS 10 am Women's Table Tennis CC 11 am Woodshop WS 1 pm Movie BR 6 pm Boomers Ticket Sales Super Bowl LB 6:45 pm Cribbage CER 7 pm Line Dancing BR 7 pm Presidents Council MPR 7 pm Stage Production CC	7 10 am Covid Vaccines LB 10 am Men's Table Tennis CC 11 am Woodshop WS 1 pm New Horizons Socrates Cafe LA 1 pm Diamond Painting CER 5:30 pm Cornhole CC 6 pm Stained Glass Class AS 7 pm Zumba BR 7 pm Pinochle CER 7:30 pm Chinese Dance LB  TRASH PICK UP/RECYCLING	8 9 am Ceramics Club CER 10 am Current Events CON 10 am Women's Table Tennis CC 11 am New Horizons Board Mtg. LA 11 am Tap Your Troubles Away CC 11 am Woodshop WS 12:30 pm Duplicate Bridge LB 1 pm Scrabble Games MPR 3 pm Mandolin CER 6 pm Boomers Ticket Sales Super Bowl LB 7 pm Pickwick Village Sec. 15 Open Mtg. MPR 7 pm Stage Production CC 7 pm WS - Ladies Night WS
12 5 pm Boomer's Super Bowl Party CC Schedule does not reflect changes made after the 15 th of the month. All Events Are Subject to Change.	13 9 am Energy/ Green Comm. Mtg. LA 9 am Sec. 9 Bd.d Mtg. CON 9:30 am Ballroom Dance CC 10 am Men's Table Tennis CC 11 am Woodshop WS 12:30 pm Dup. Bridge MPR 1 pm Fiber Arts CER 3:45 pm Yoga with Rama BR 6 pm Stained Glass Class AS 6:30 pm Billiards Clinic BIL 7 pm Self Defense Class BR 7 pm Ballroom Dance CC 7 pm Democratic Club LA	14 9 am CCA Work Session MPR 9 am Stained Glass Class AS 10 am Women's Table Tennis CC 11 am Woodshop WS 11:30 am VOC Mtg. MPR 6:45 pm Cribbage CER 7 pm Line Dancing BR 7 pm Sec. 4 Board Mtg. CON 7 pm Sec. 18B Board Mtg. MPR 7 pm Stage Production CC 	15 COURIER COPY DEADLINE 10 am Men's Table Tennis CC 11 am Woodshop WS 1 pm Diamond Painting CER 2 pm Computer Club Mtg. LB 5:30 pm Cornhole CC 6 pm Stained Glass Class AS 7 pm Zumba BR 7 pm JCC Board Mtg. LA 7 pm Pinochle CER 7:30 pm Chinese Dance LB TRASH PICK UP/RECYCLING	16 9 am Ceramics Club CER 10 am Current Events CON 10 am Women's Table Tennis CC 11 am Tap Your Troubles Away CC 11 am Woodshop WS 12:30 pm Duplicate Bridge LA 1 pm Scrabble Games MPR 3 pm Mandolin CER 6 pm Sec. 18A Board Mtg. MPR 7 pm Meditation LA 7 pm Sec. 2 Board Mtg. CON 7 pm Stage Production CC 7 pm WS - Ladies Night WS 	17 10 am Men's Table Tennis CC 11 am Woodshop WS 1 pm Christian Fellowship Mtg. LA 1 pm Christian Fellowship Mtg. LB 7:30 pm JCC Friday Night Services CC	18
19 1 pm Sec. 16 Valentines Pot Luck CC	20 9:30 am Arch .Comm. CON 9:30 am Ballroom Dance CC 10 am Men's Table Tennis CC 11 am Woodshop WS 12:30 pm Duplicate Bridge MPR 1 pm Fiber Arts CER 3:45 pm Yoga with Rama BR 6 pm Sec. 15 Board Mtg. CON 6 pm Stained Glass Class AS 6:30 pm Billiards Clinic BIL 7 pm Ballroom Dance CC PRESIDENTS' DAY	21 9 am CCA Executive Session MPR 9 am Stained Glass Class AS 10 am Women's Table Tennis CC 11 am Woodshop WS 6 pm Sec. 16 Open Mtg. LA 6 pm Sec. 16 Open Mtg. LB 6:45 pm Cribbage CER 7 pm Line Dancing BR 7 pm Stage Production CC	22 10 am Men's Table Tennis CC 11 am Woodshop WS 1 pm Diamond Painting CER 4 pm Indian American Club LA 5 pm Cornhole CC 6 pm Stained Glass Class AS 7 pm CCA Open Board Mtg. BR 7 pm Zumba CC 7 pm Pinochle CER 7:30 pm Chinese Dance LB  TRASH PICK UP/RECYCLING	23 9 am Ceramics Club CER 10 am Current Events CON 10 am Women's Table Tennis CC 11 am Tap Your Troubles Away CC 11 am Woodshop WS 12:30 pm Dup. Bridge LA 1 pm Art Appreciation Open Mtg. LB 1 pm Scrabble Games MPR 3 pm Mandolin CER 7 pm Republican Club LB 7 pm Stage Production CC 7 pm WS - Ladies Night WS 	24 10 am Veterans Ceremony BR 10 am Men's Table Tennis CC 11 am Woodshop WS 6 pm Boomers Board Mtg. CON	25 10 am JCC Celebration BR ABBREVIATIONS CON = Conference Room BR = Ballroom CC = Cultural Center LA = Lounge A LB = Lounge B CER = Ceramics Room BIL = Billiards Room MPR = Multipurpose Room WS = Woodshop COM = Computer Room PL = Parking Lot
26 9:30 am Ballroom Dance CC 10 am Men's Table Tennis CC 11 am Woodshop WS 12:30 pm Duplicate Bridge MPR 1 pm Fiber Arts CER 3:45 pm Yoga with Rama BR 6 pm Stained Glass Class AS 6:30 pm Billiards Clinic BIL 7 pm Ballroom Dance CC	27 9 am Stained Glass Class AS 10 am Women's Table Tennis CC 11 am Woodshop WS 11:30 am VOC Mtg. MPR 1 pm New Horizons Read My Tips LA 6:45 pm Cribbage CER 7 pm Line Dancing BR 7 pm Sec. 11 Board Mtg. CON 7 pm Stage Production CC	28				

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ACCOUN**A**BILITY
TRANSP**A**RENCY
TE**A**MWORK



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